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# 1975 HEIGHTS



## ASSUMPTION COLLEGE WORCESTER, MASSACHUSETTS

Volume Seventeen





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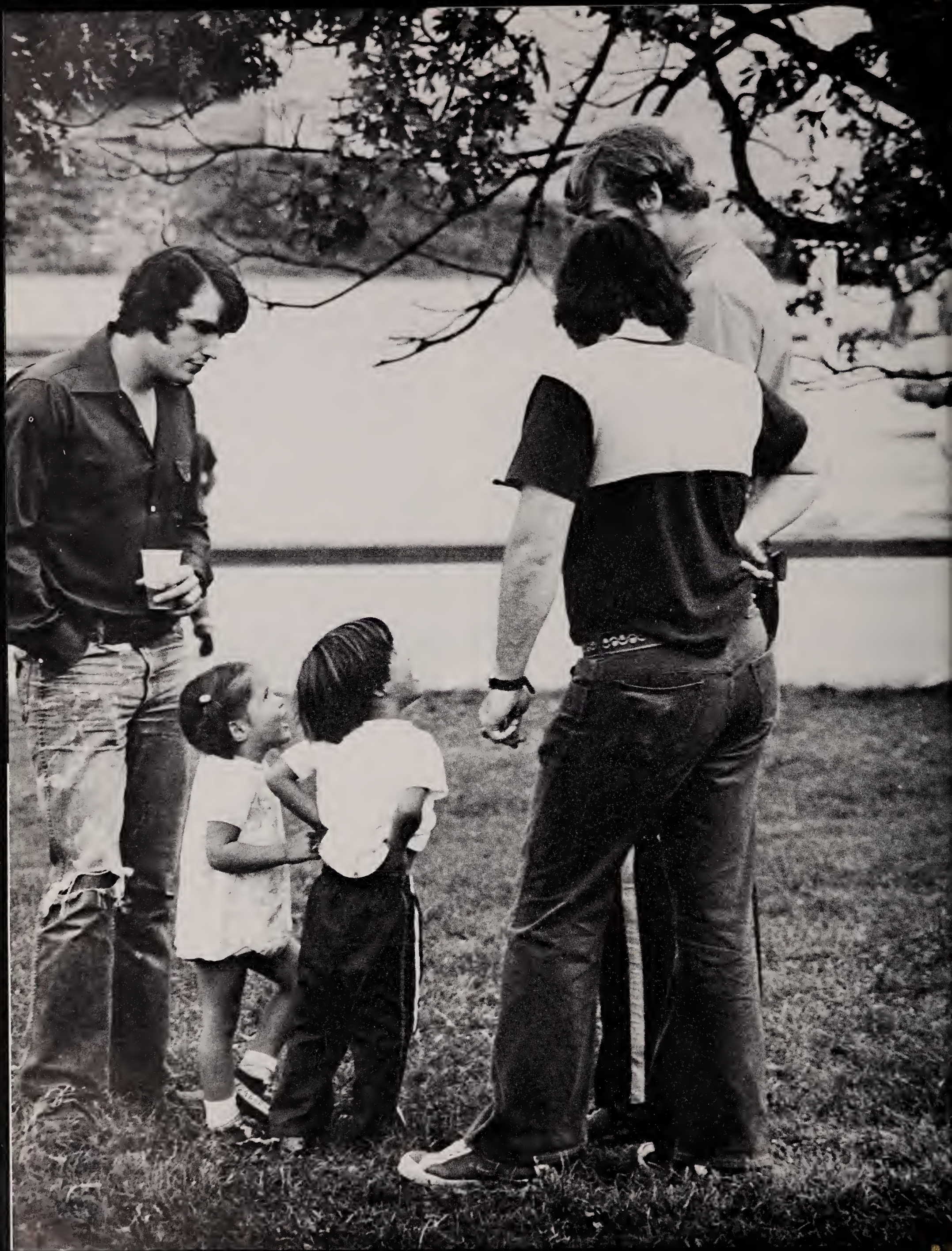
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# DEDICATION

THE 1975 HEIGHTS  
IS DEDICATED  
TO SPIRIT —

THE ZEST AND  
ENTHUSIASM  
OF BEING, LEARNING  
AND SHARING  
IN A COMMUNITY WHERE,  
THE PEOPLE CARE TO  
BECOME INVOLVED.



# FOREWARD

## "SPIRIT IN YOUR COLLEGE YEARS"

The Assumption community embodies several varieties of this from time to time. Partying-spirit, team spirit, class spirit and drinking "spirits" are important for many. The religious variety is usually saved for the Chapel. And although students enjoy what they learn, studies are considered work rather than something deserving much spirited involvement.

There is however, a certain kind of general fellowship, but it is not always enjoyed. Assumption is hardly a lonely place, for nearly everyone knows everyone else and many a close friendship is made within the halls of our dorms. Some only have a few friends though, and these people are often put down in a way that can hurt them deeply.

The social life here, fails to produce enough of the kind of community spirit that makes people feel that getting involved is worthwhile. The Campus Center makes for lots of good times, but for some it is a sore topic. Small talk, not getting to dance, stares, fears and suspicions all contribute to friction between males and females. Others look to the advent of the townhouses this year or even the arrival of women on campus, six years ago, to explain the lack of community spirit. For those who see college as a place to become politically involved A.C. offers even less. Apathy is not a surprising phenomenon, when even those who do try often get frustrated by the lack of support.

Apathy and lack of spirit are by no means peculiar to Assumption; the challenges of modern life are complex, there is much to make all of us anxious and fearful. The rush of events and technological progress changes our lifestyle so quickly that the present, and the future as well, becomes much less manageable. We need to support one another more now than ever before. Yet we don't, instead we defend ourselves from anxiety by learning not to become involved.

Our self-images are fragile and can easily be damaged by what others think and by what we might lose, so we don't risk involvement. Our self esteem is fragile because parents, teachers and bosses value us in terms of our ability to produce, conform or obey

more than they value us just for being ourselves. Those who get good grades, look nice or shoot lots of baskets are praised and made to feel important. Those who don't get good grades or sit still or look nice when they are little won't have much chance to do well later because they are made to feel unimportant. This same kind of labeling and comparison lies at the roots of racism, sexism and poverty. It's a violent kind of thinking that says that one person is somehow better or brighter than another. It kills some of the spirit of learning inside all of us.

Our psychology, history and education courses have helped us to become aware of a lot of these facts, yet college doesn't prepare us to be able to do much about it. Why? Why do we still feel lonely or cut each other down or break windows etc. out of frustration? Obviously, the type of self esteem we have doesn't offer enough meaning or make one feel strong enough to dare to care all of the time. You see, the positive labels don't help us to discover who we are or what we want either. They just push us to achieve the kind of success that is expected of us.

College offers a special opportunity to test out new experiences and to examine for oneself what life and success mean. Take advantage of your college years by putting energy and spirit into what you do. If you don't like the way that an organization or group is being run it means that it needs more of your attention, not less. Avoiding those things which one doesn't like won't help to increase his spunk or energy one bit. The administration can't refuse to listen to student views on issues like the establishment of restricted floors or the firing of good professors if they make enough noise. Take a tip from those who do get involved, "you learn more by doing than by complaining."

Even if you don't get involved in Assumption, please take full advantage of your college years to learn about yourself. Rebuild your self esteem by examining what's inside of you honestly. Sift through your experiences and decide what is really worth valuing. Work passionately to develop the power to look closely and realistically at life. Challenge all the old preconceptions, including your own, and get to the core of the matter. Get to know yourself well enough to feel good about you for your own reasons and not because you meet up to someone else's expectations. Only then can your values become something which means enough to you to be worth all of your spirit and energy.

D.M.L.





It's people caring for people that  
builds a spirit that binds us and frees  
us and motivates us to be all that we are.



We come to school to learn about  
a truth. And in searching for it,  
we find a common bond which ties  
us together. Our teachers help  
us to discover these truths,  
but most of all we help each  
other by caring to give our time.







To really find out the meaning of living, and not merely give intellectual significance to it, requires a great passion and desire to know.

J. Krishnamurti





Move to accept people's pride  
in their own distinctions . . .



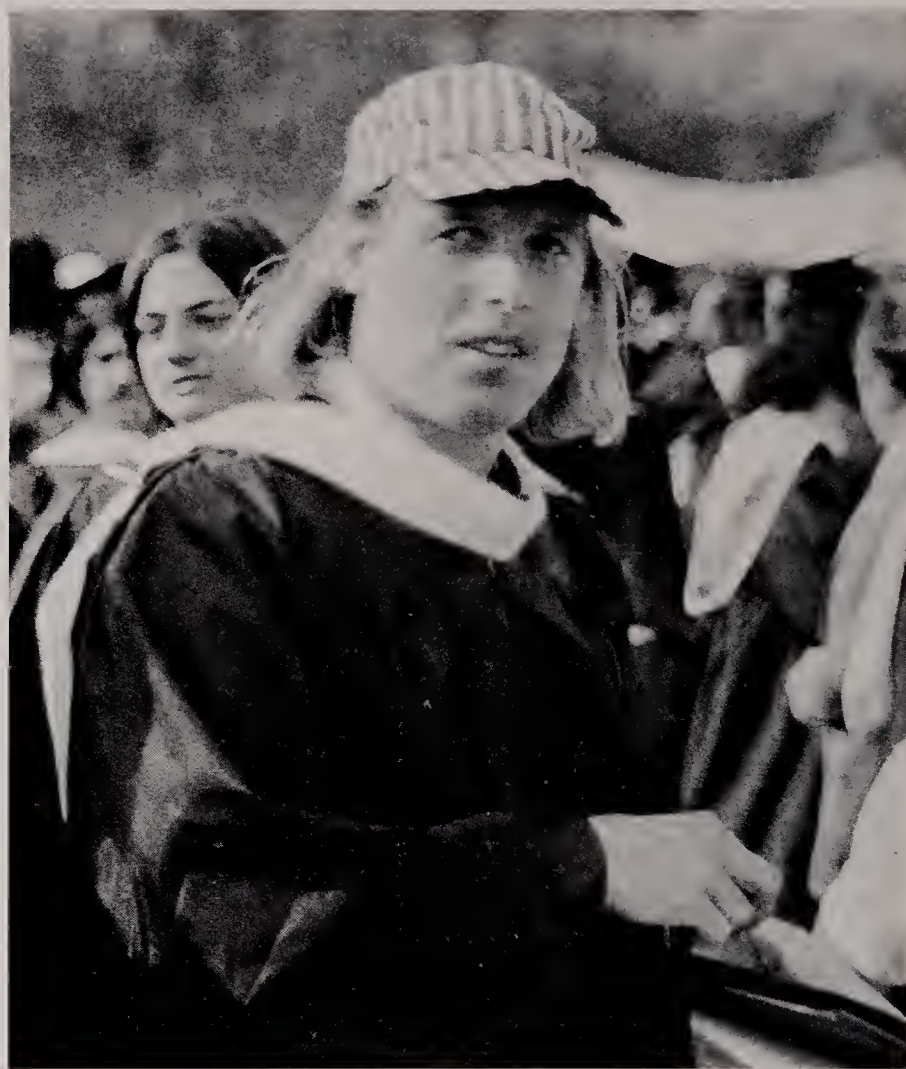


... then you'll be encouraging  
your own integrity.





# SENIORS











Martha Akstin  
English



Louise E. Maillett  
English & Political Science



David M. Legg  
Psychology



Constance R. Fluet  
Psychology

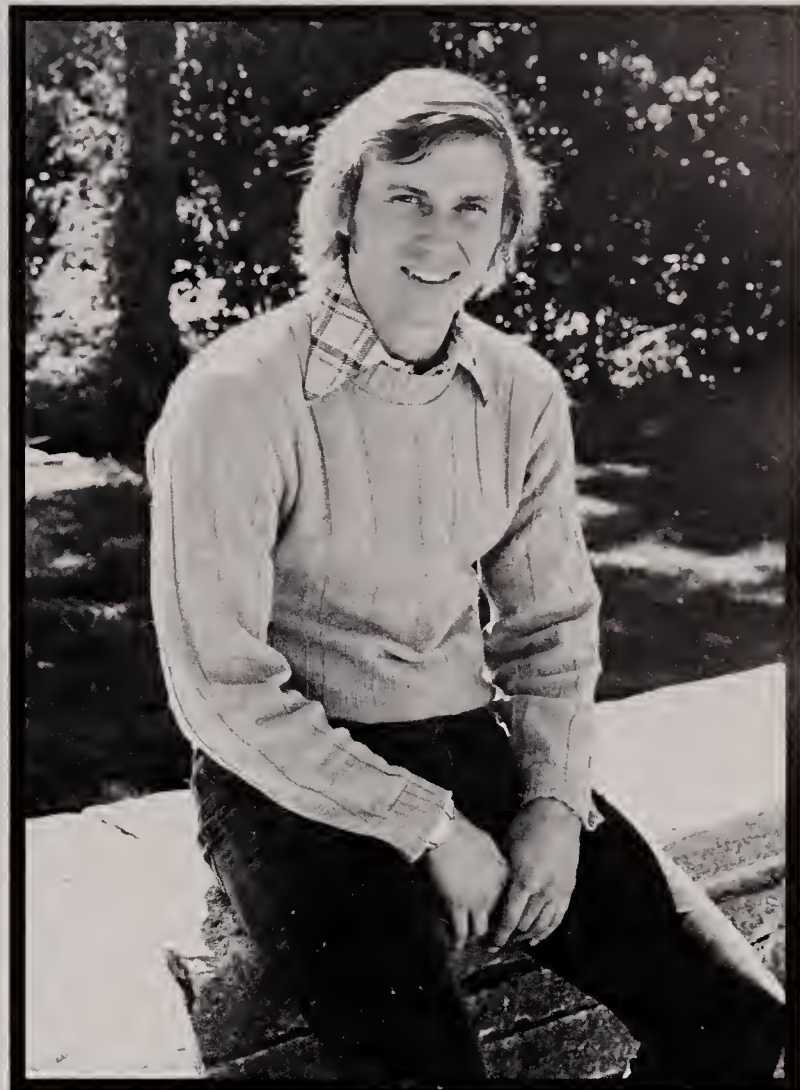




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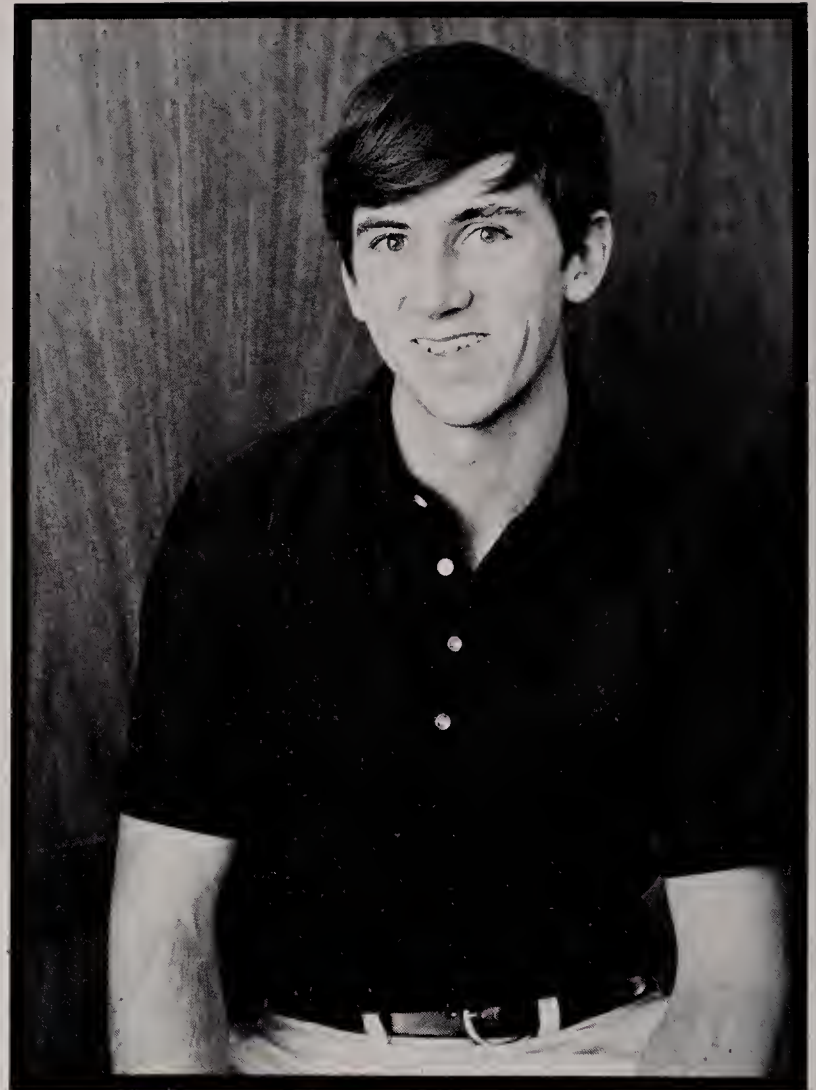


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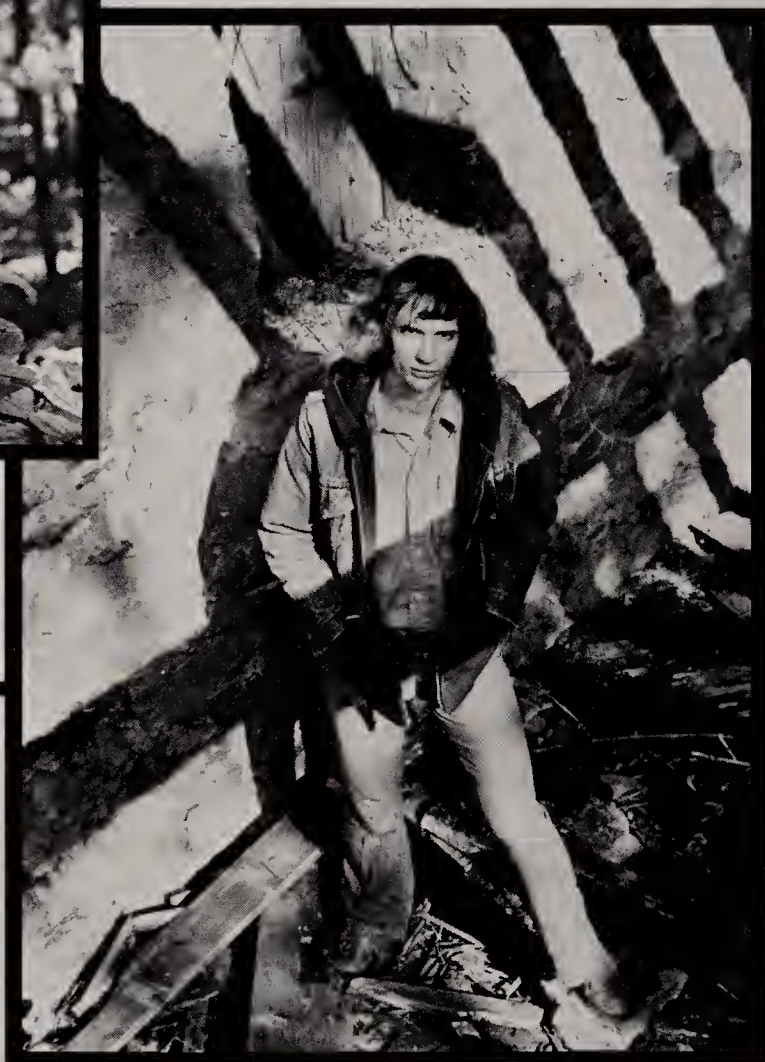




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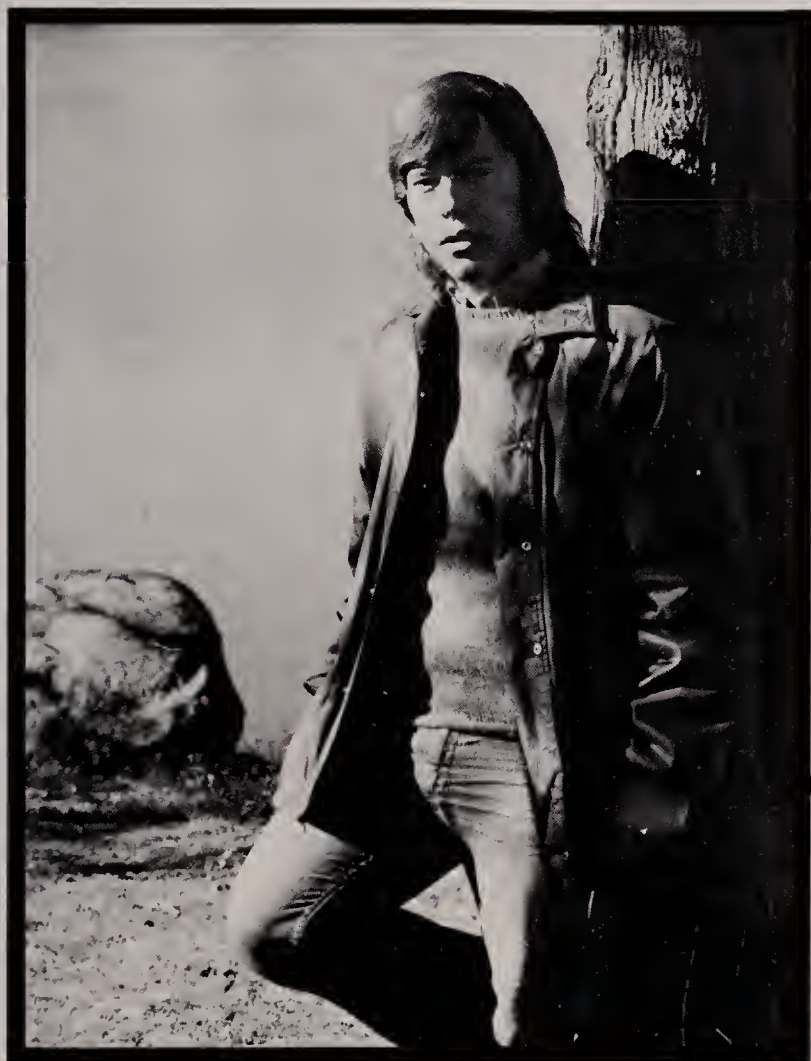


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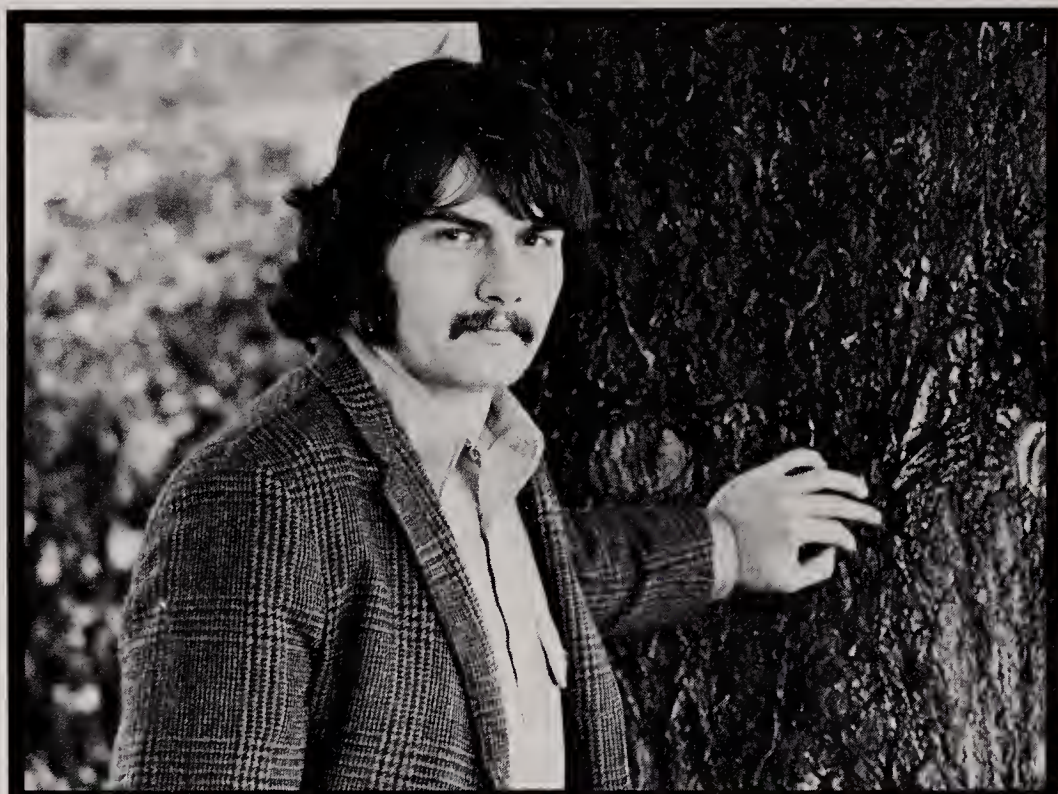


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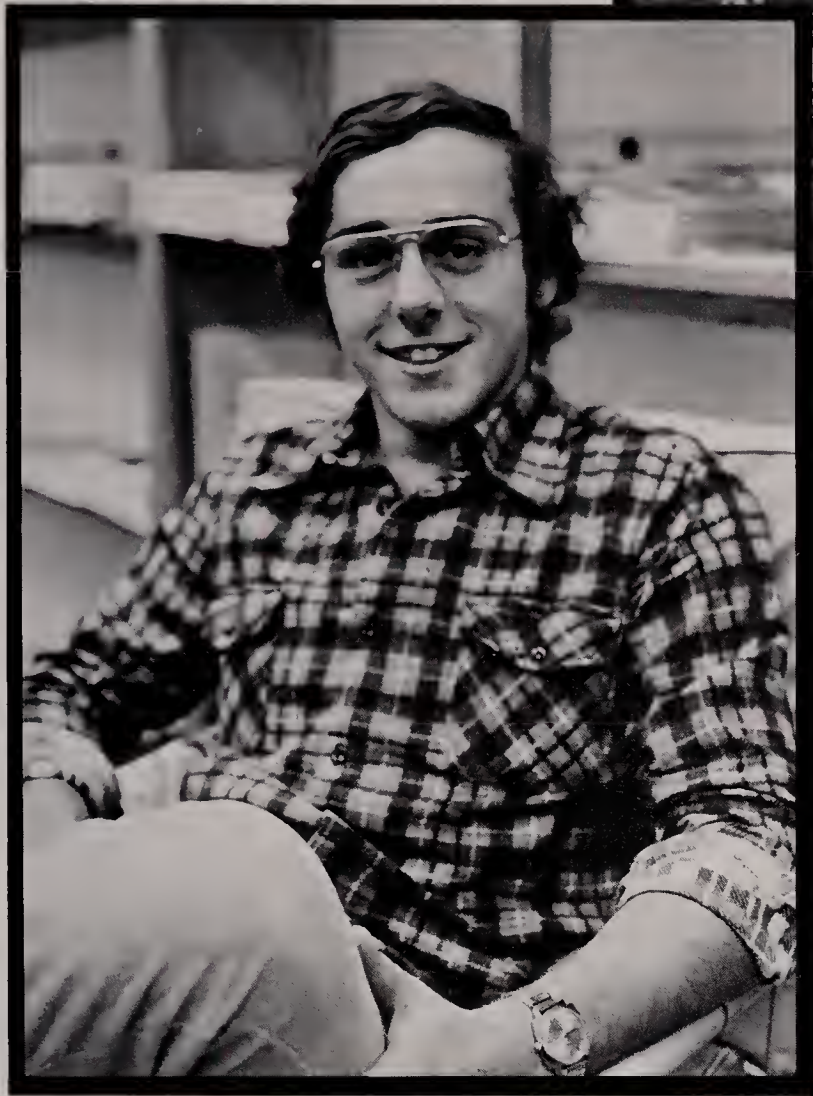


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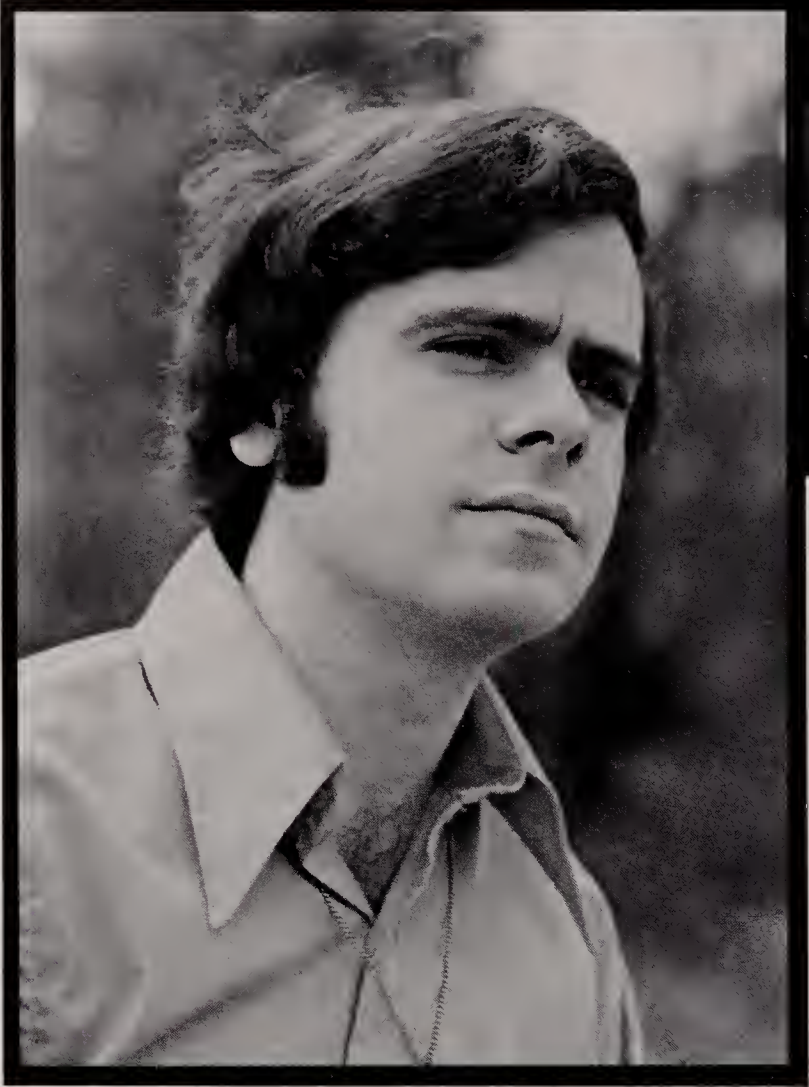


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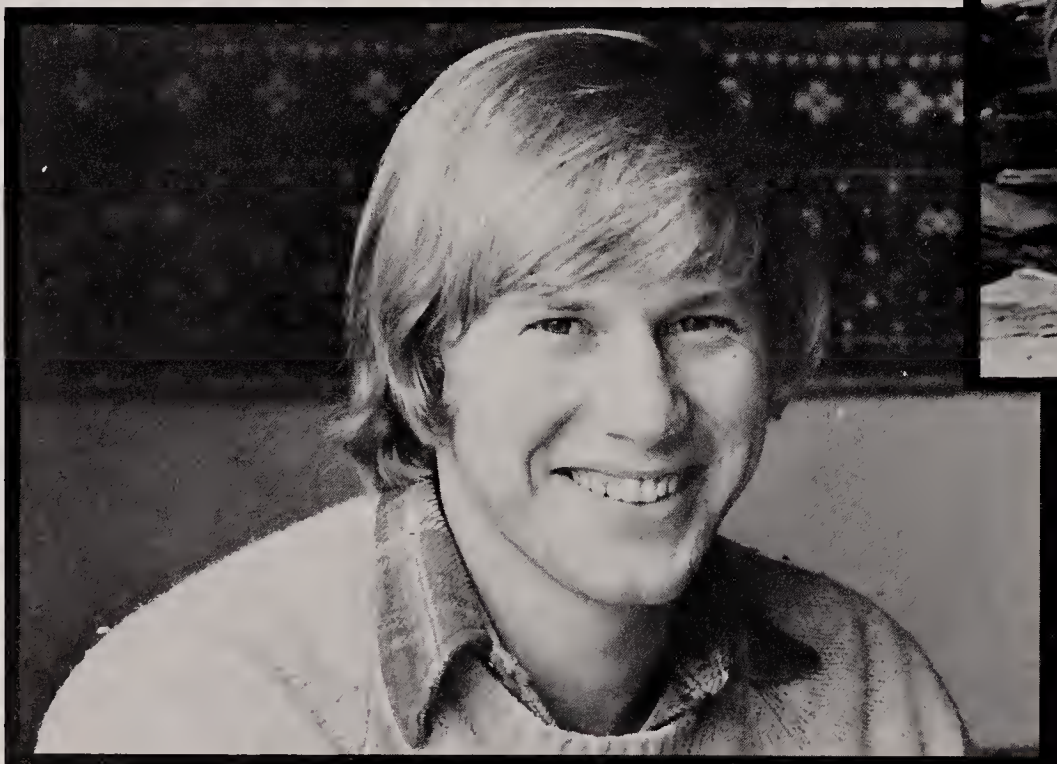
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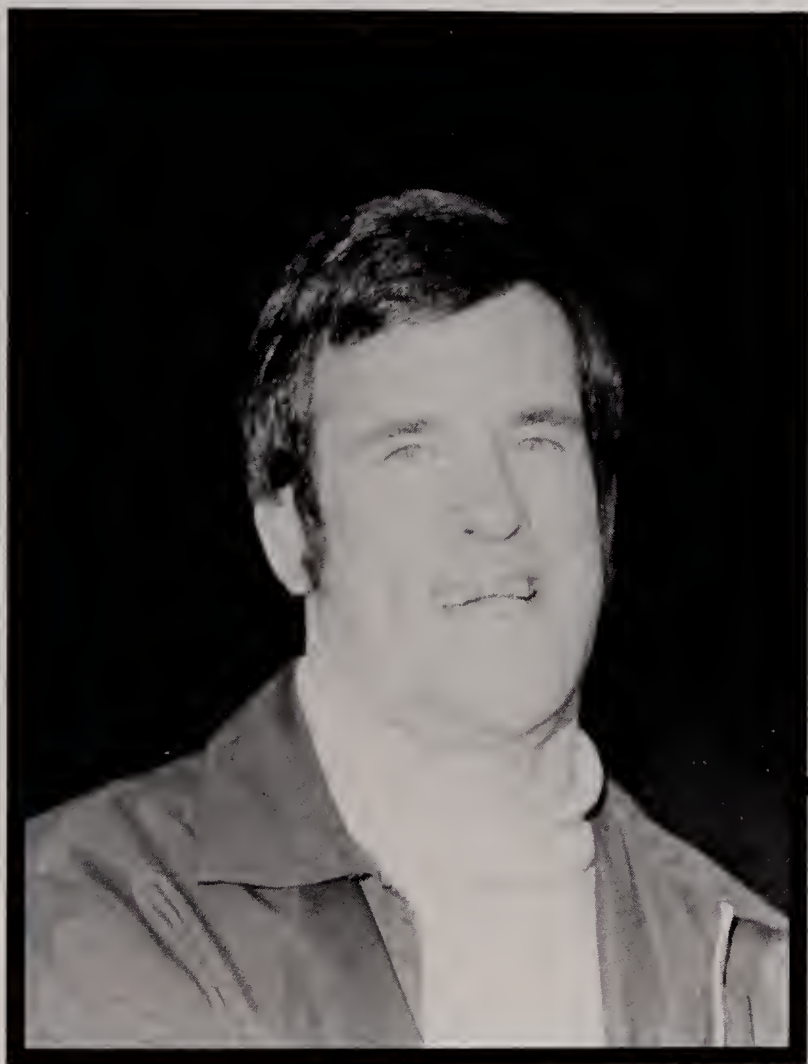




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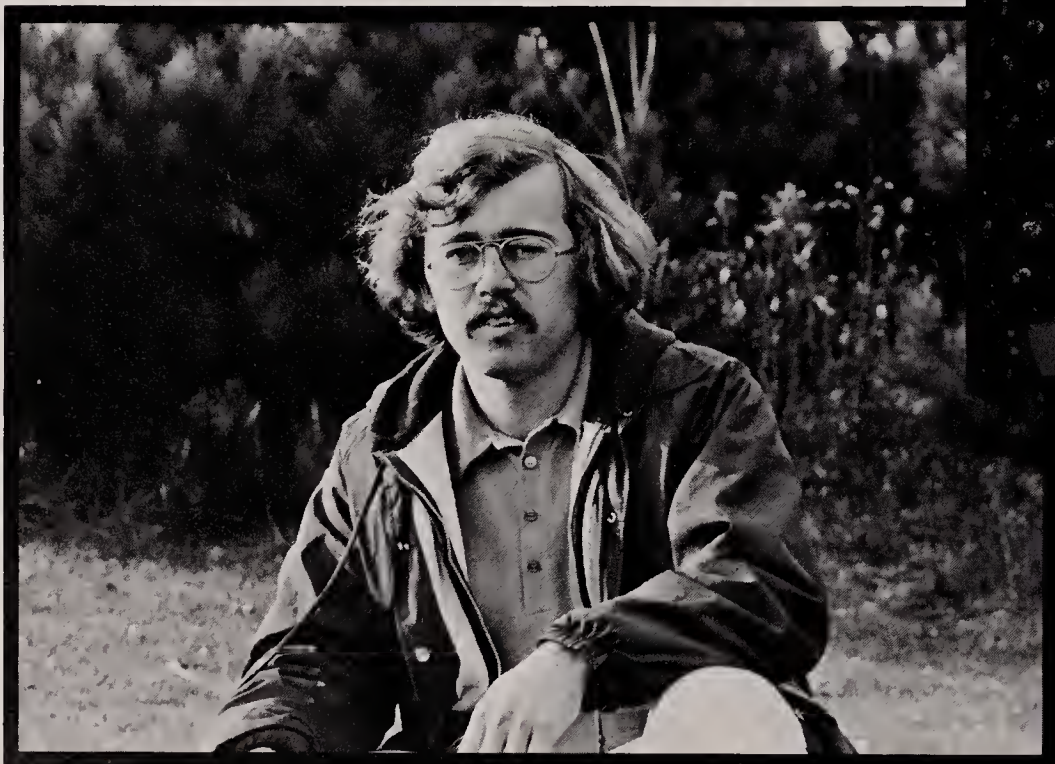
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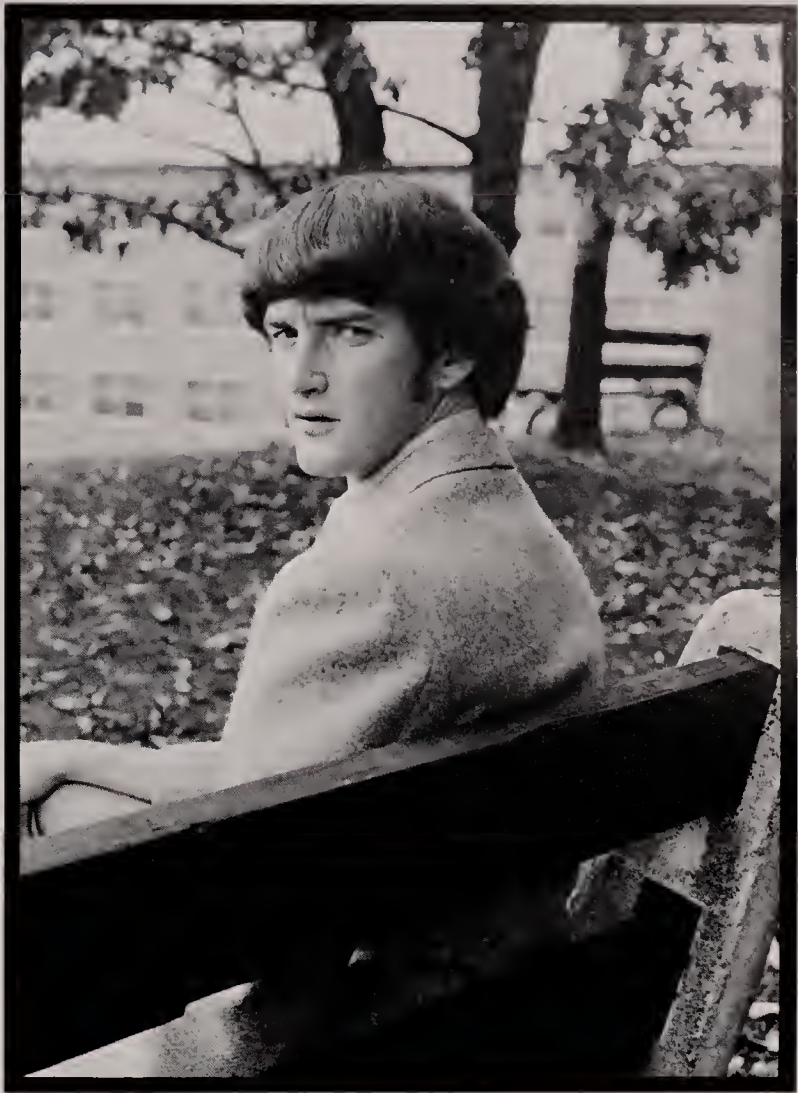


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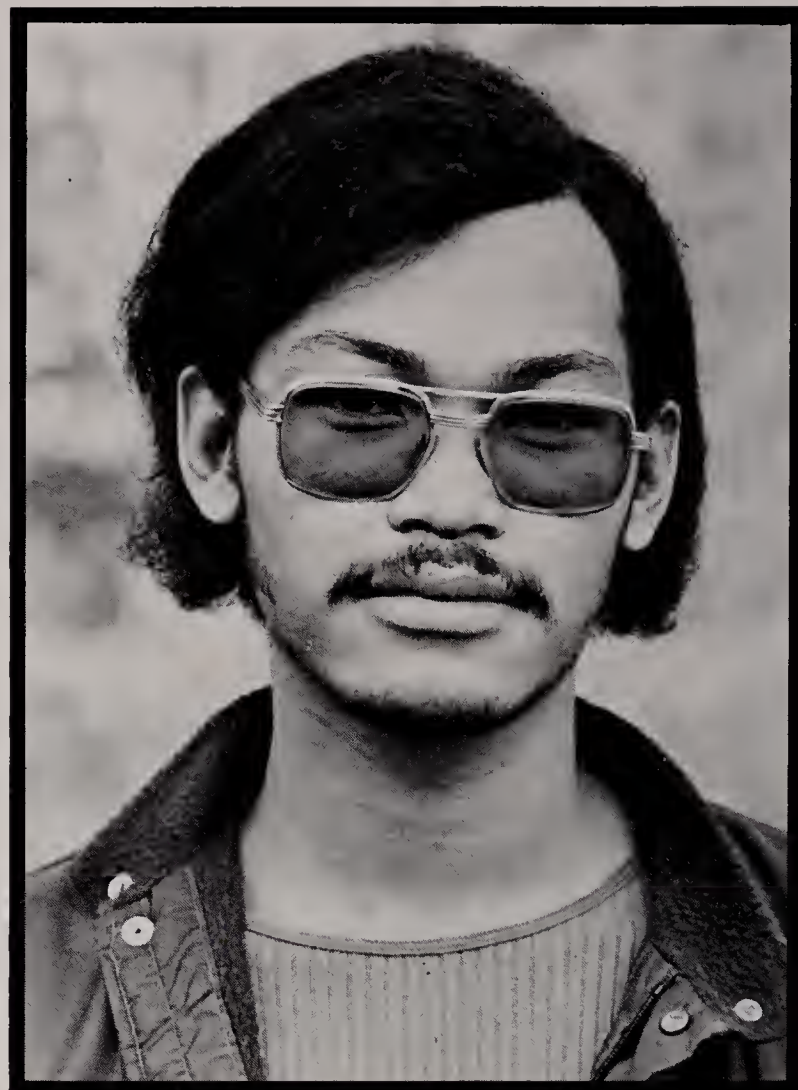


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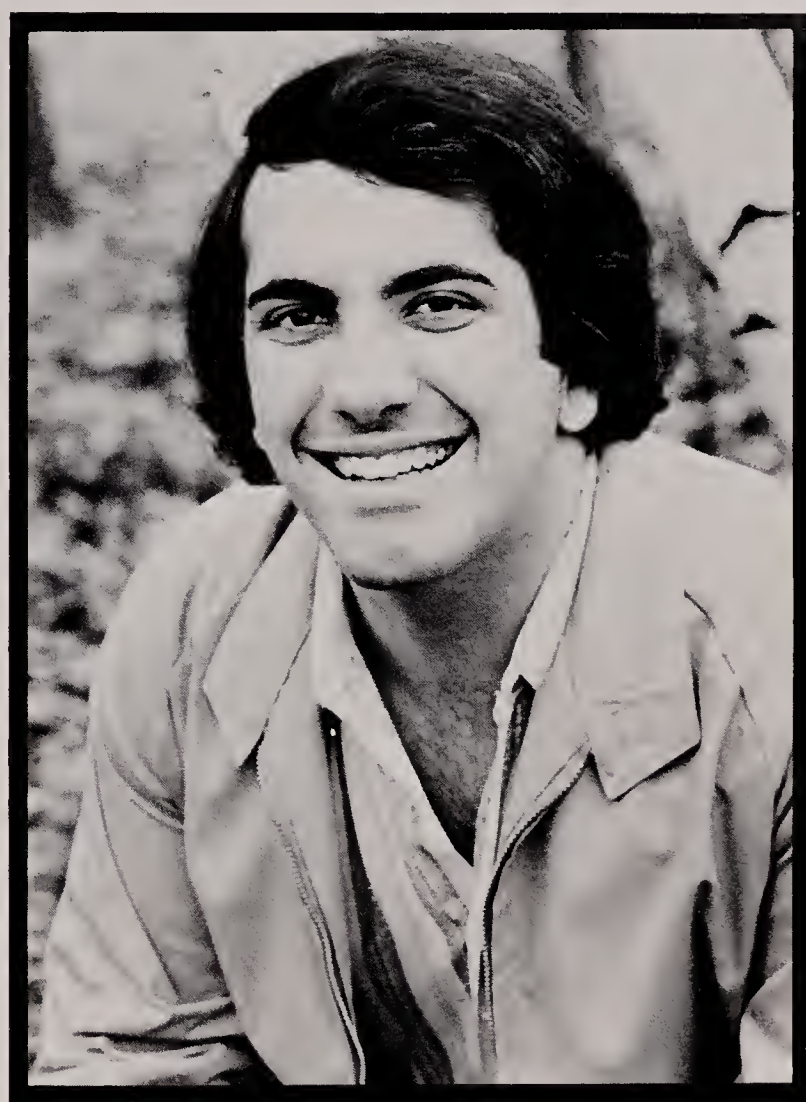




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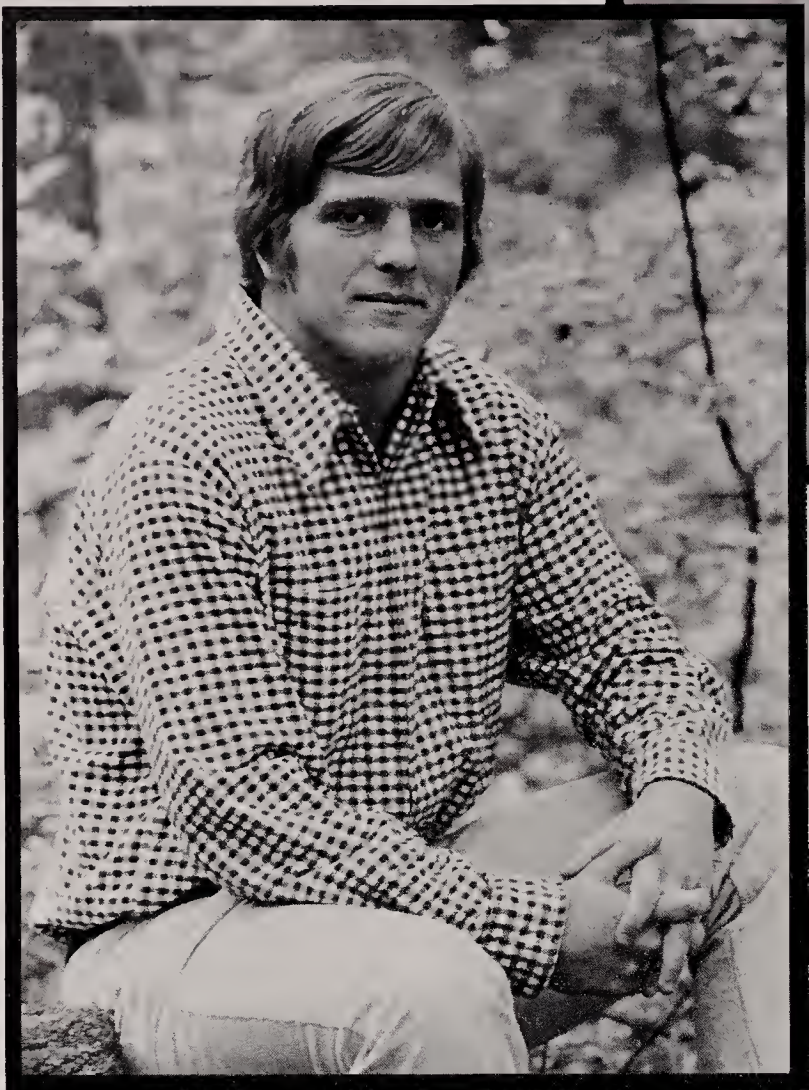


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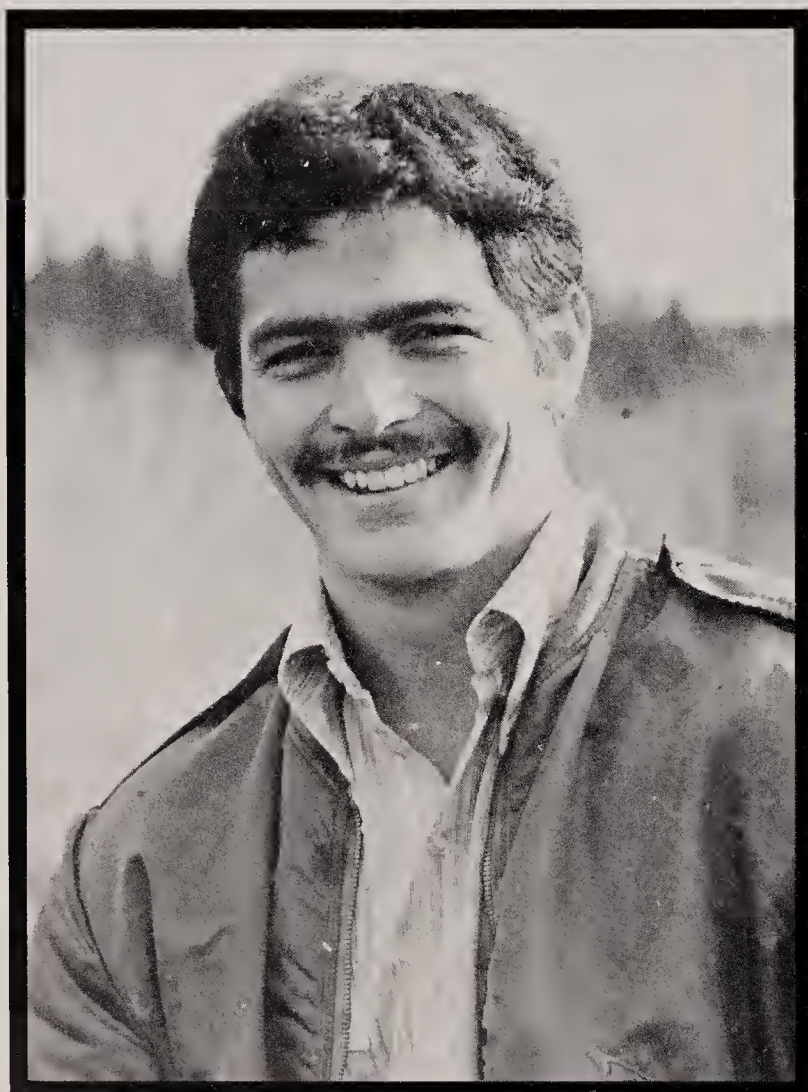




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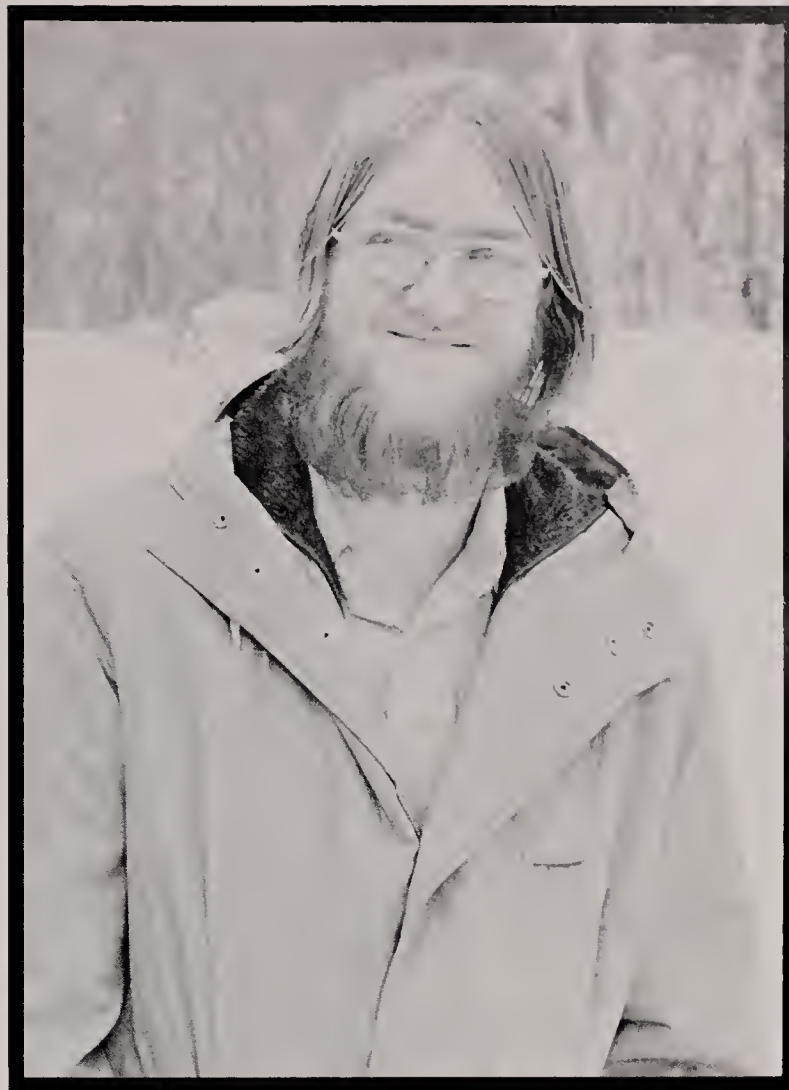


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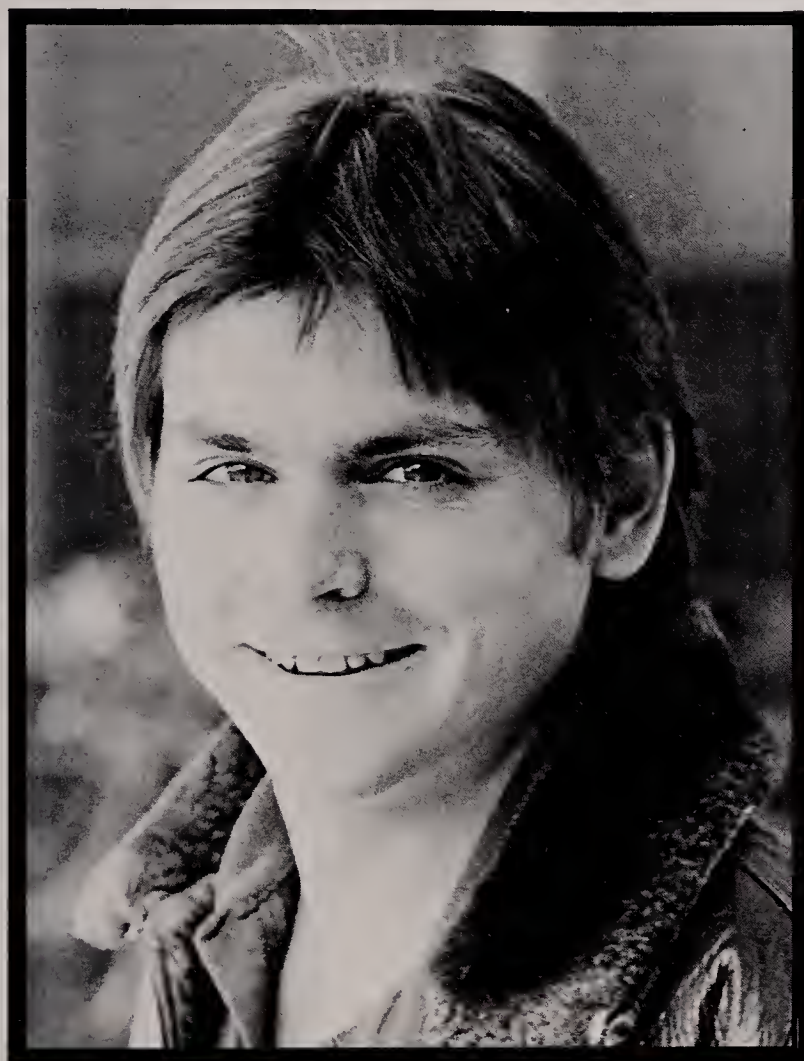




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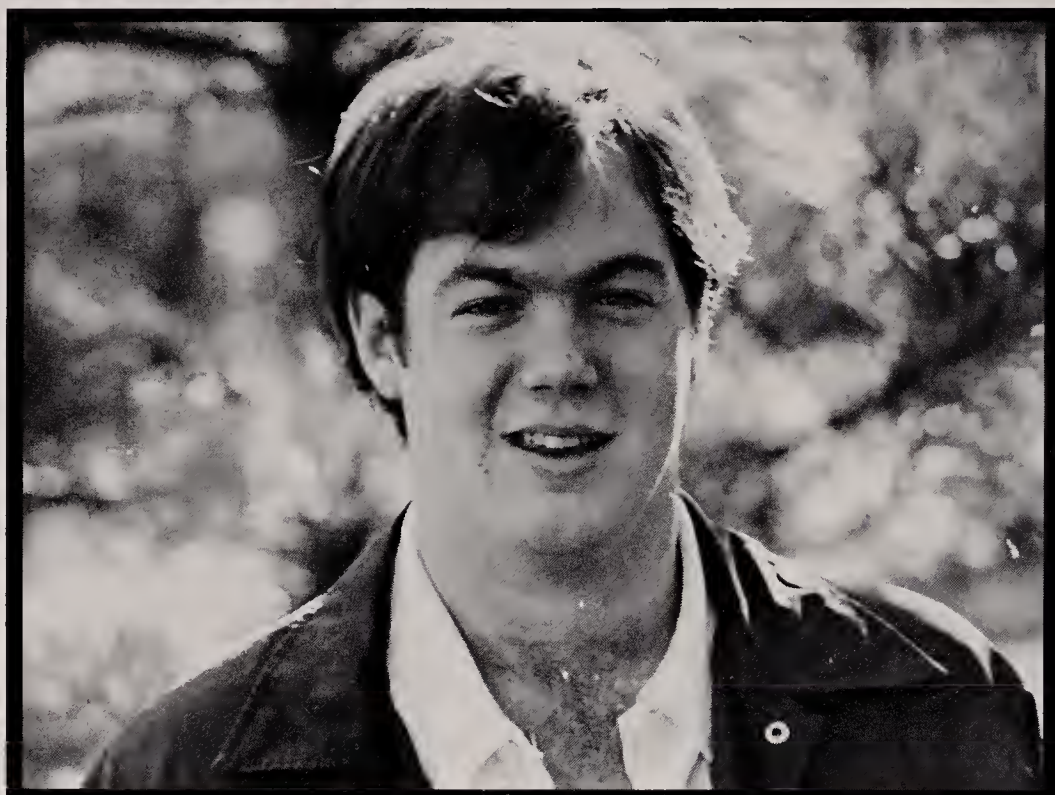


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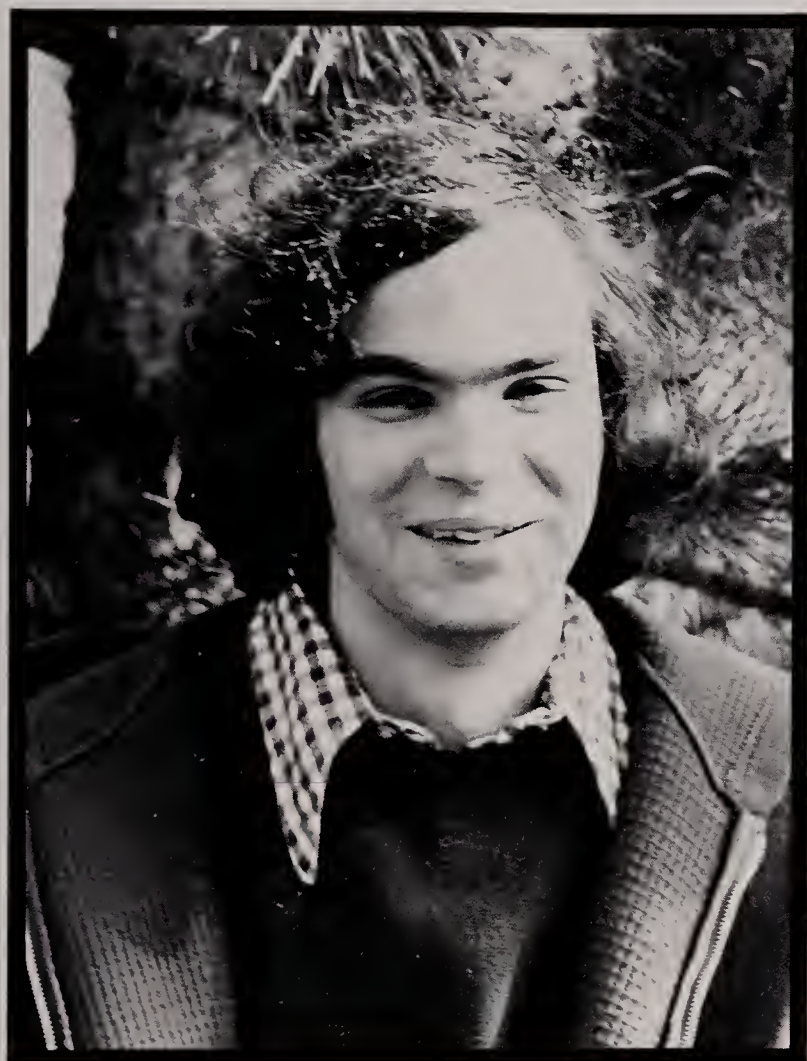




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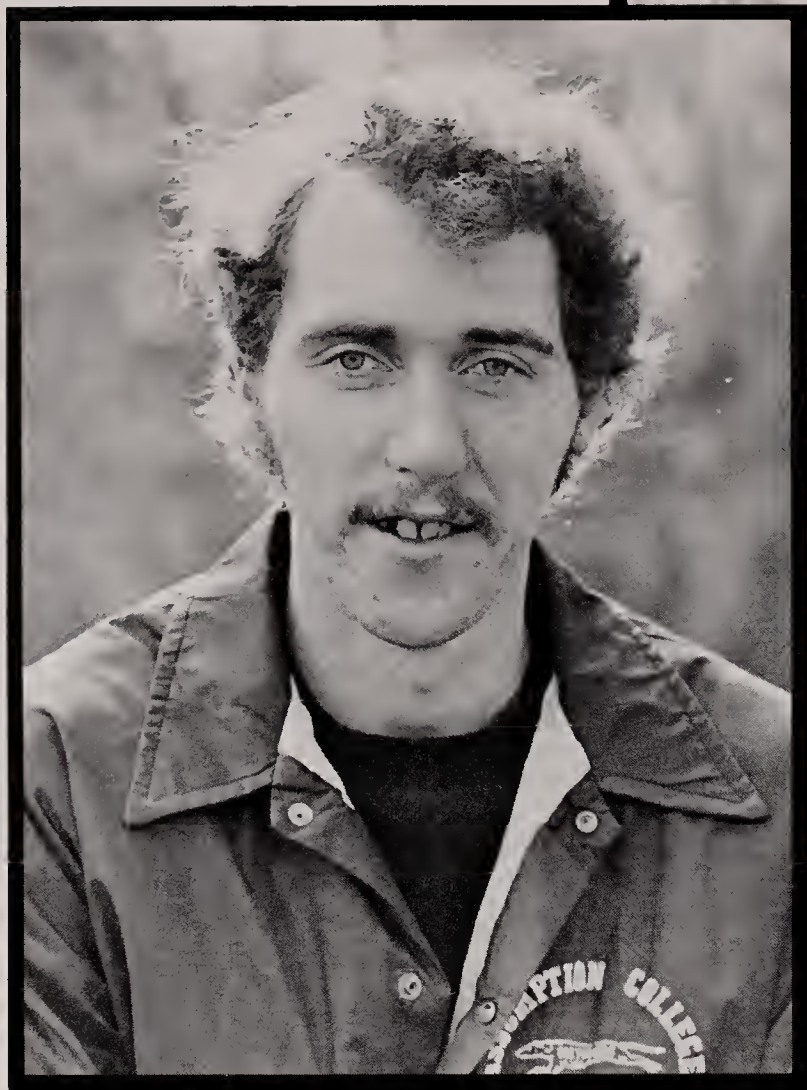


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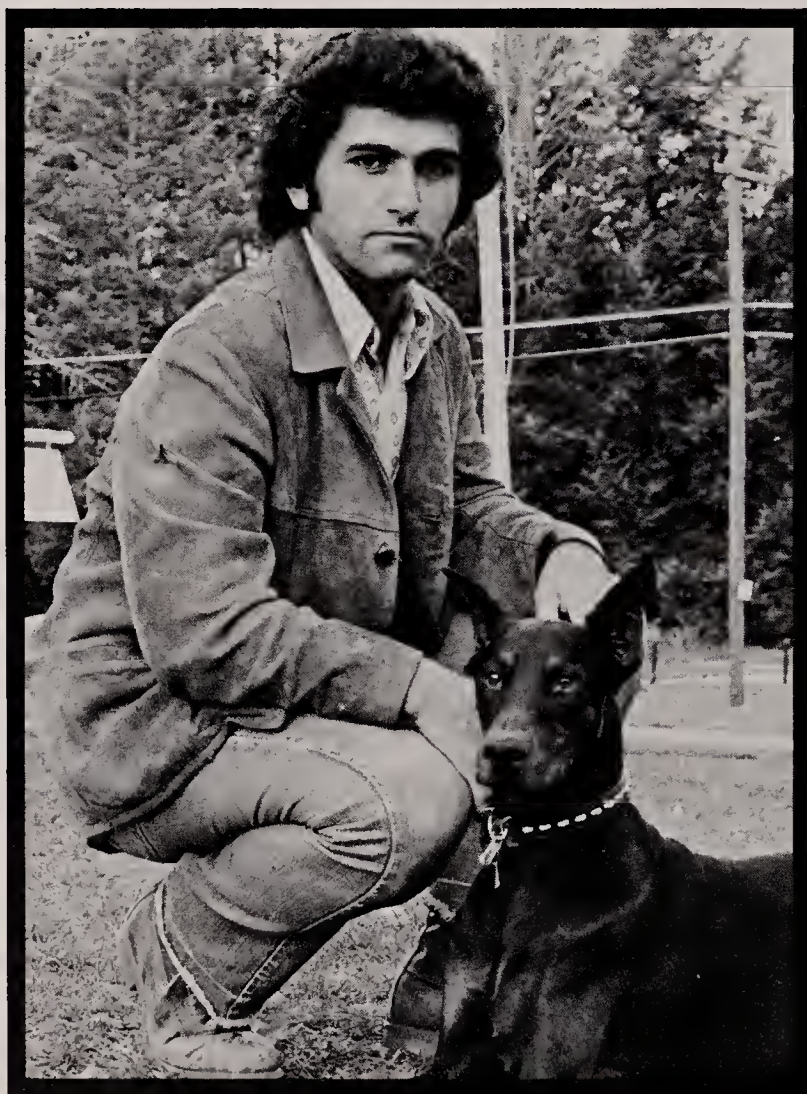


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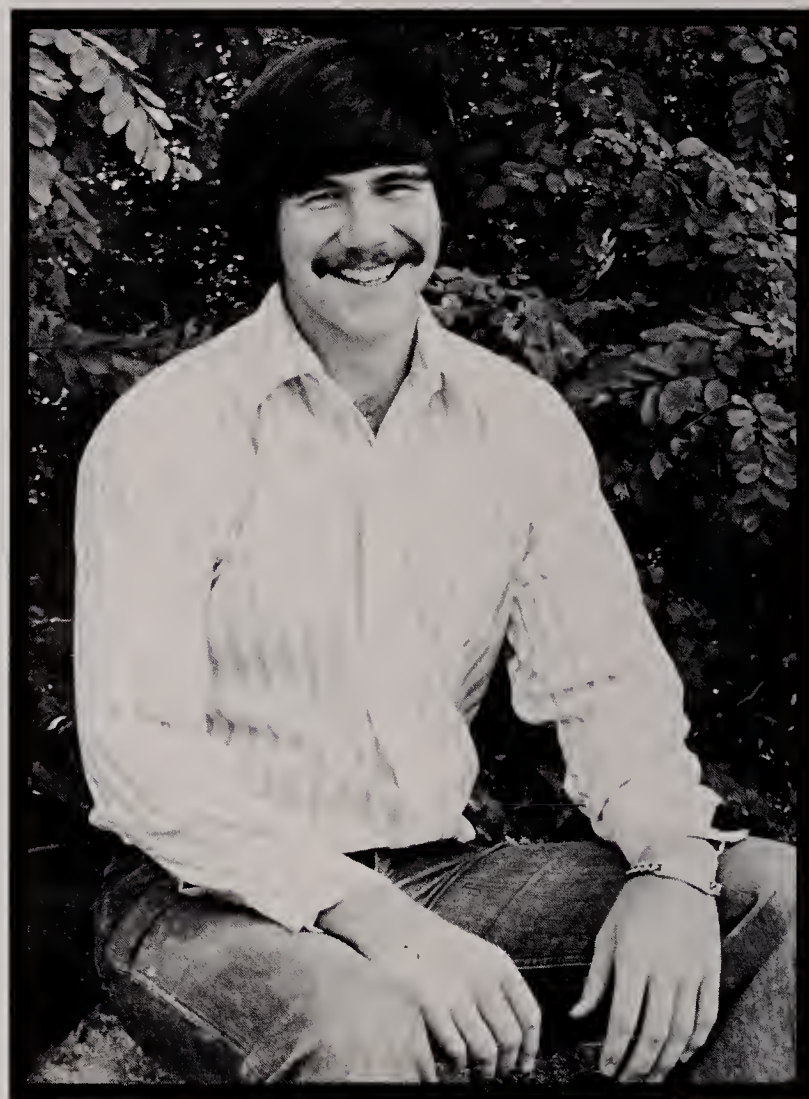
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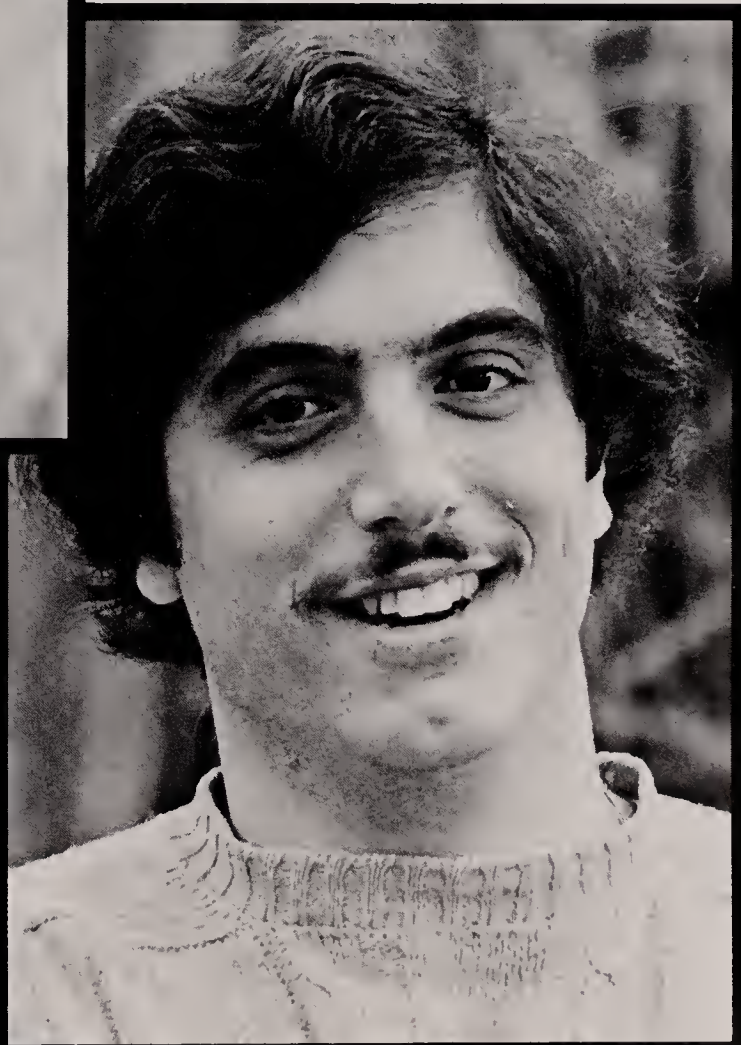




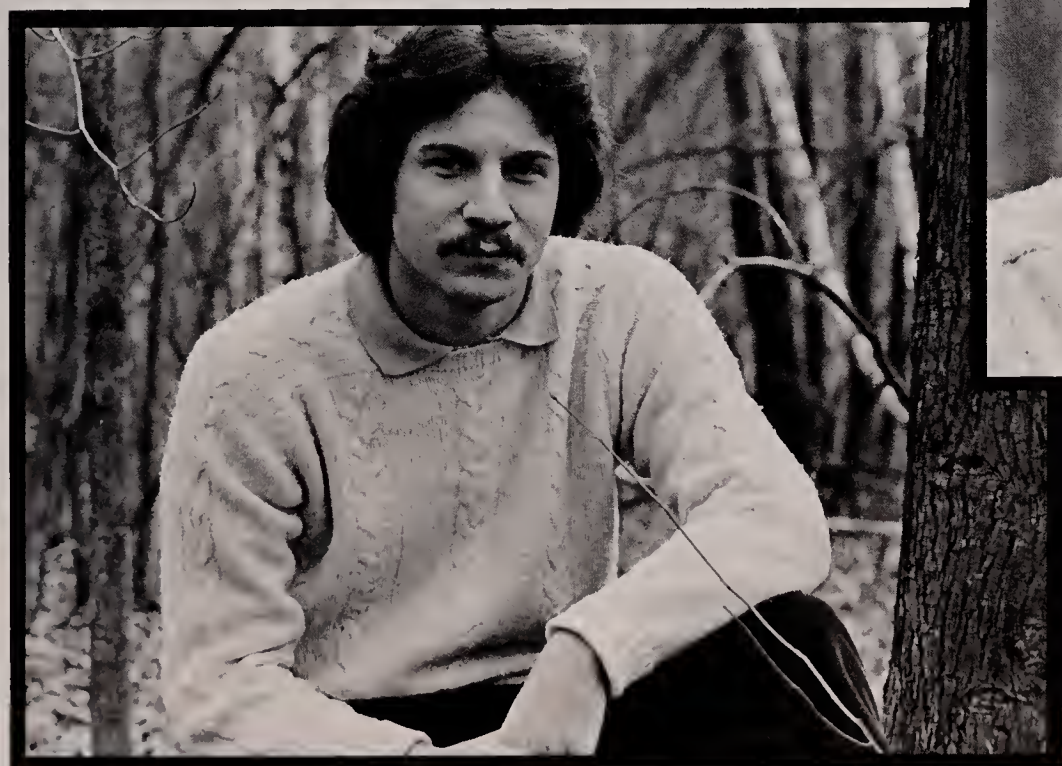
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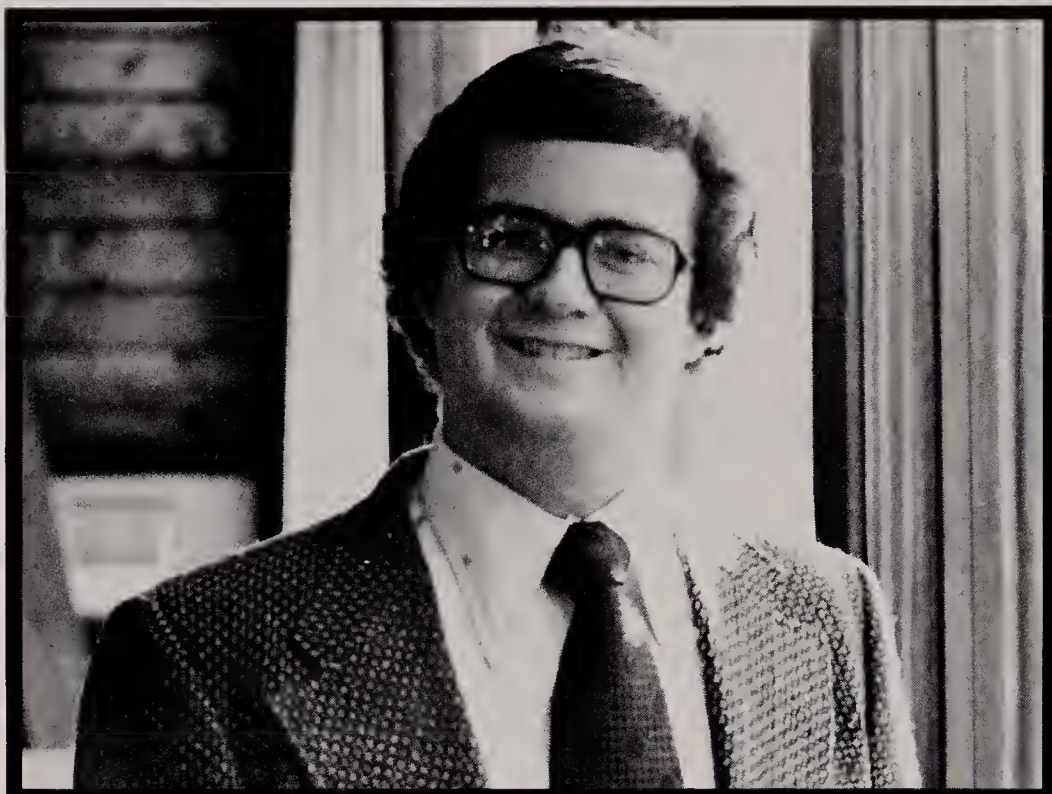


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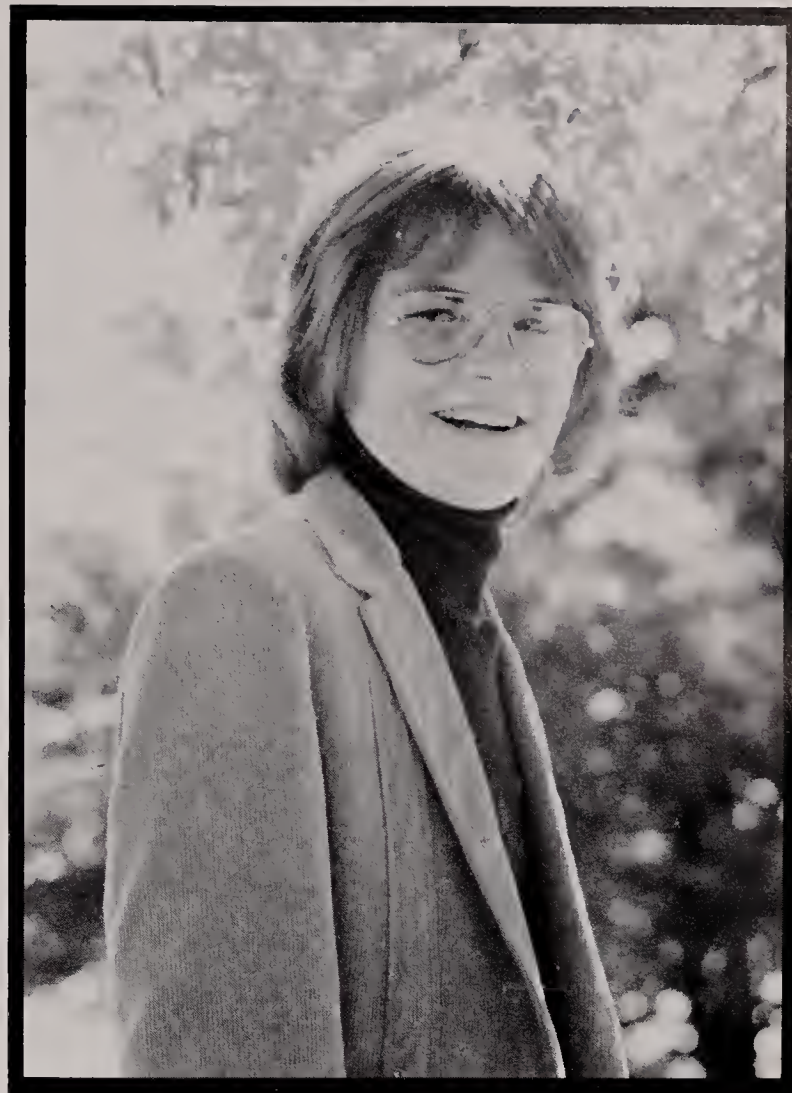
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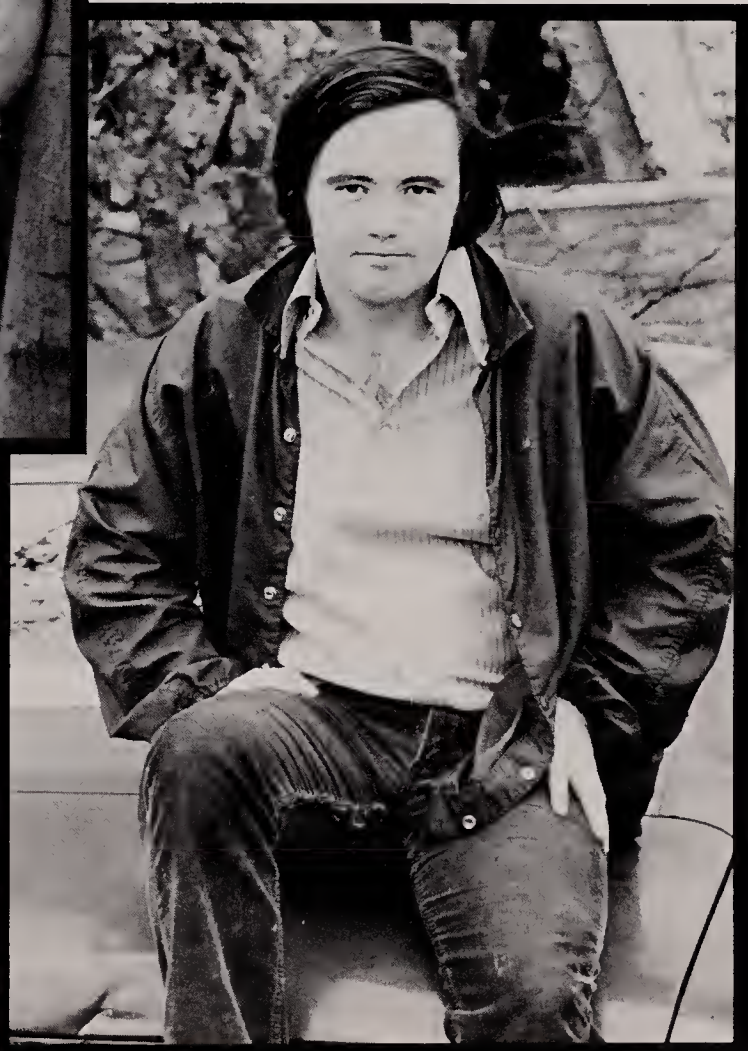




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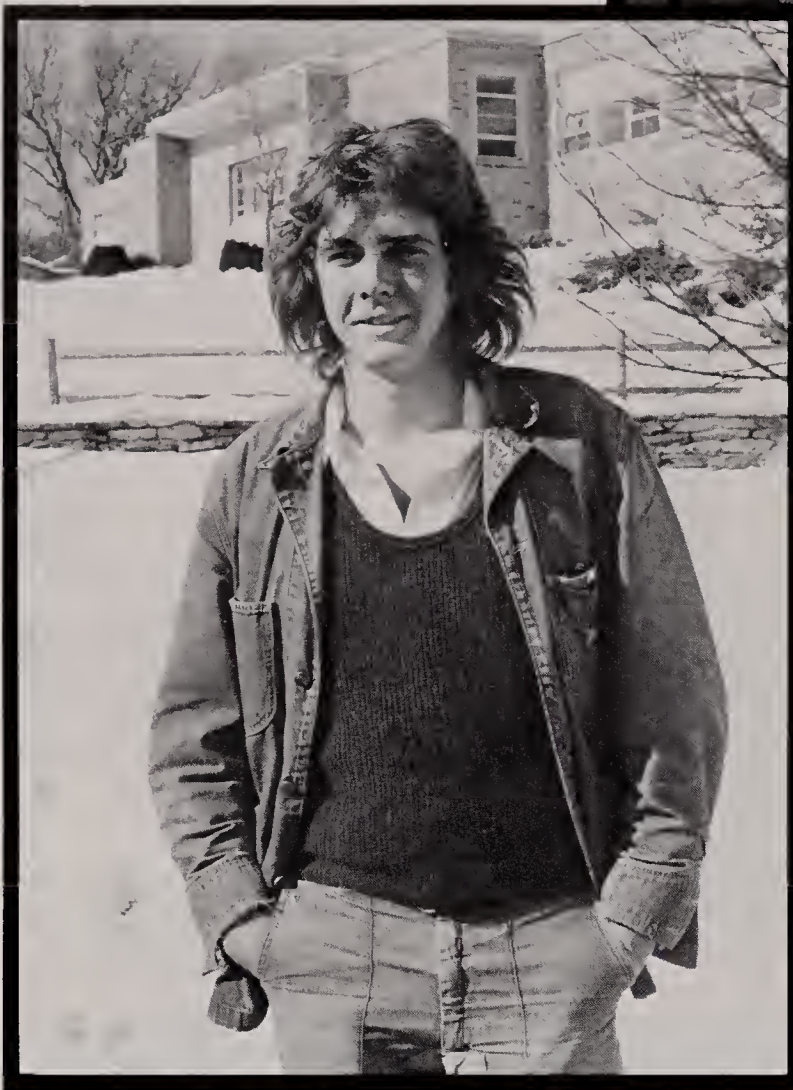


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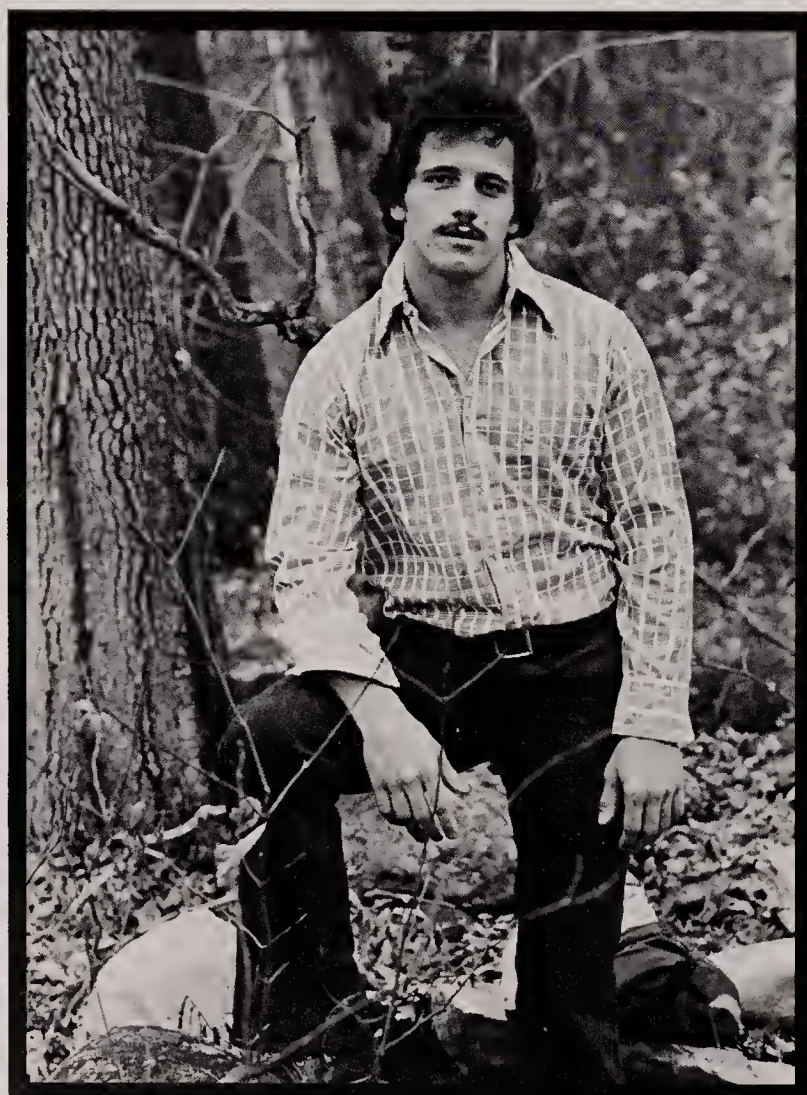
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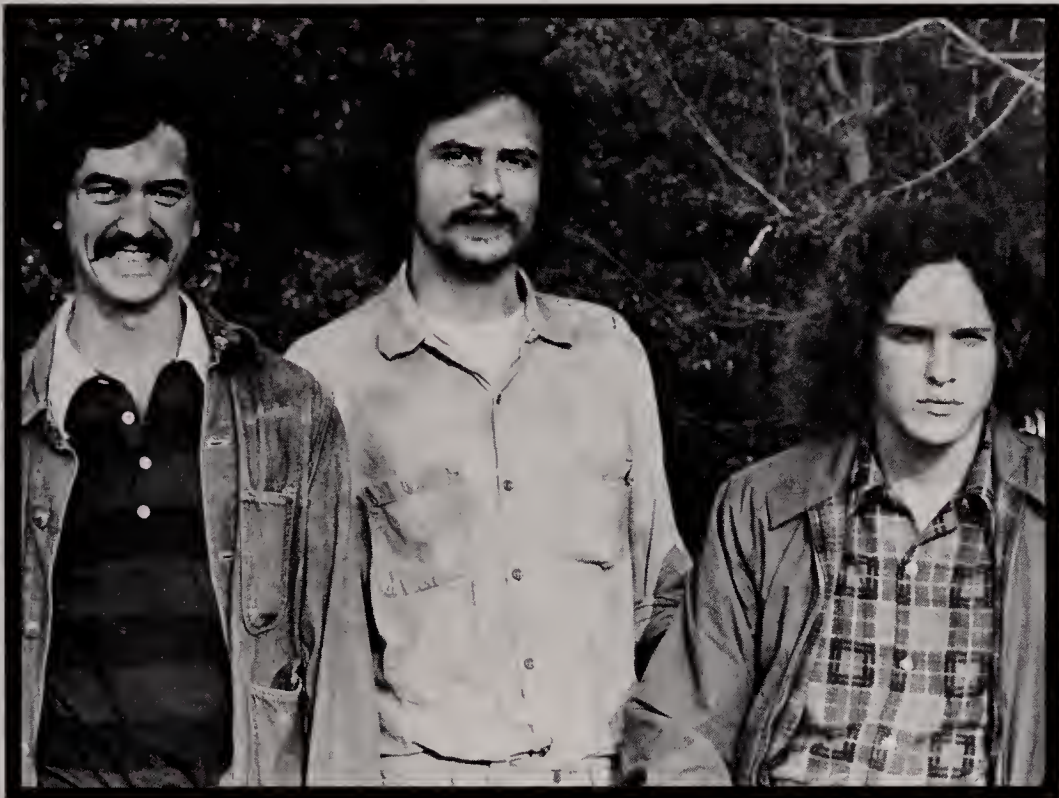


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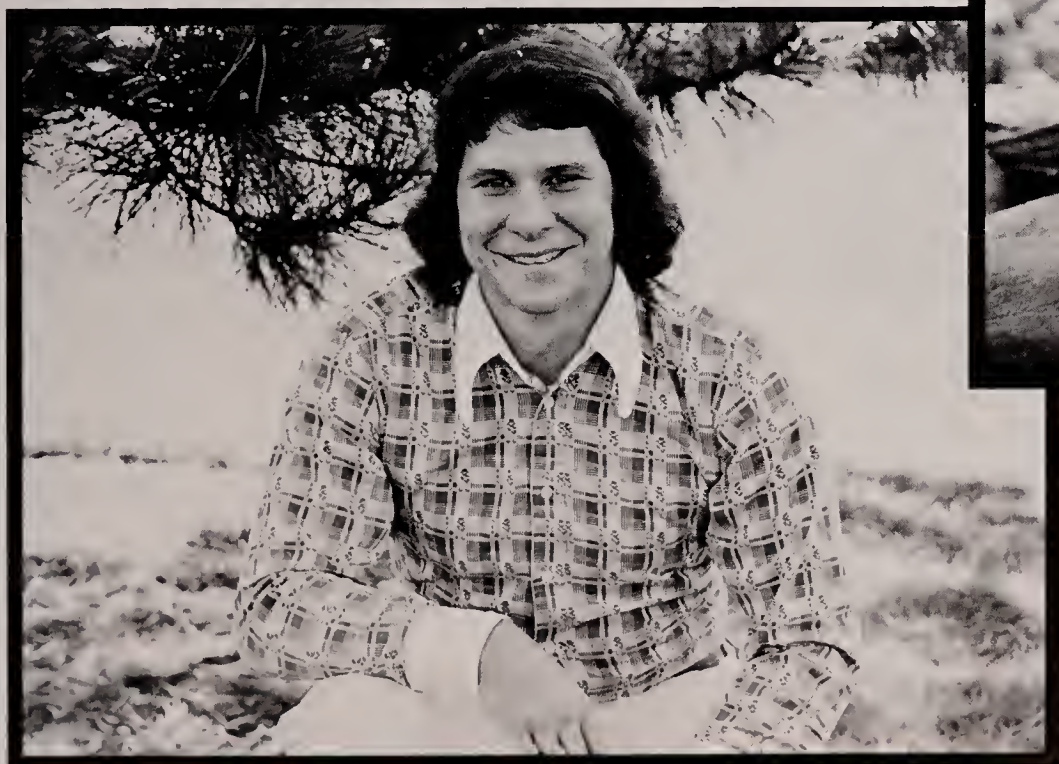
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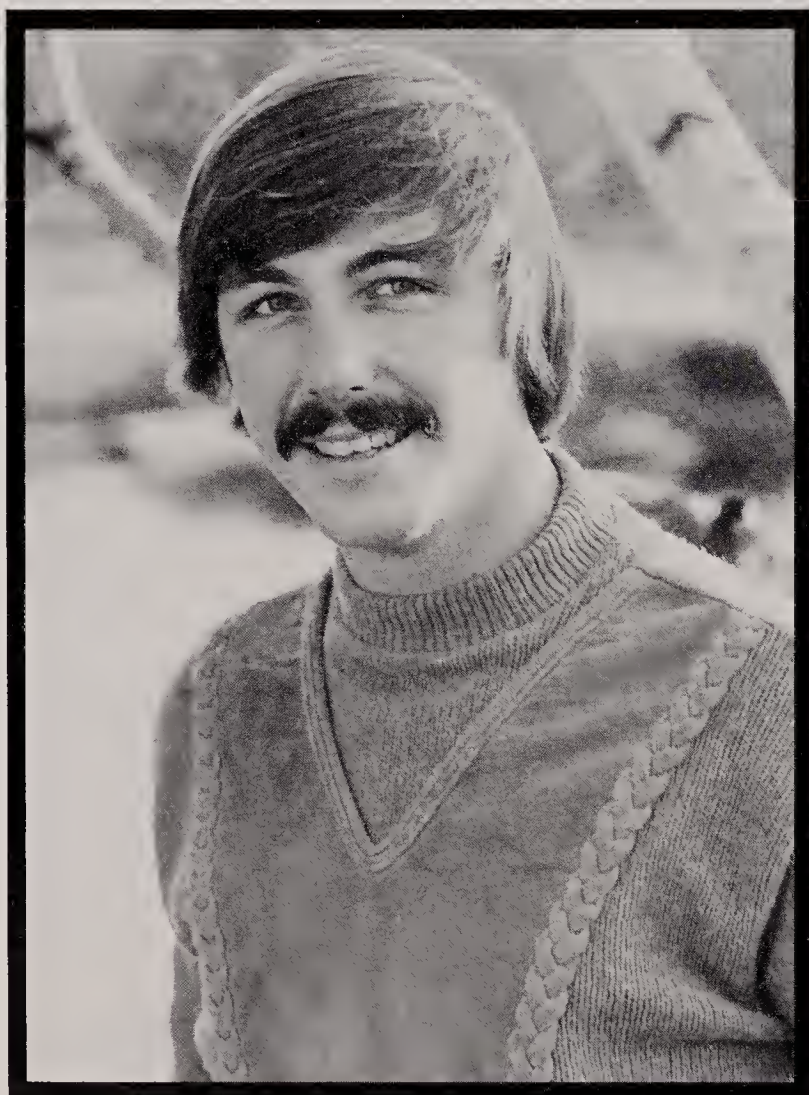




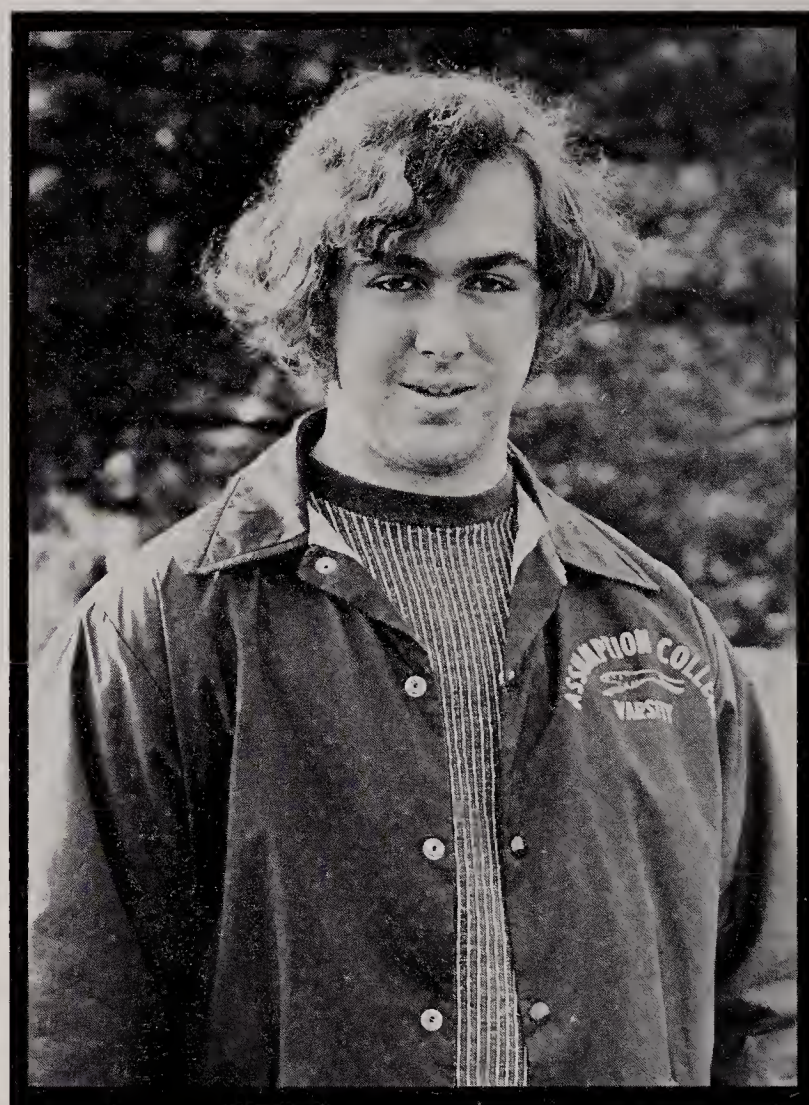
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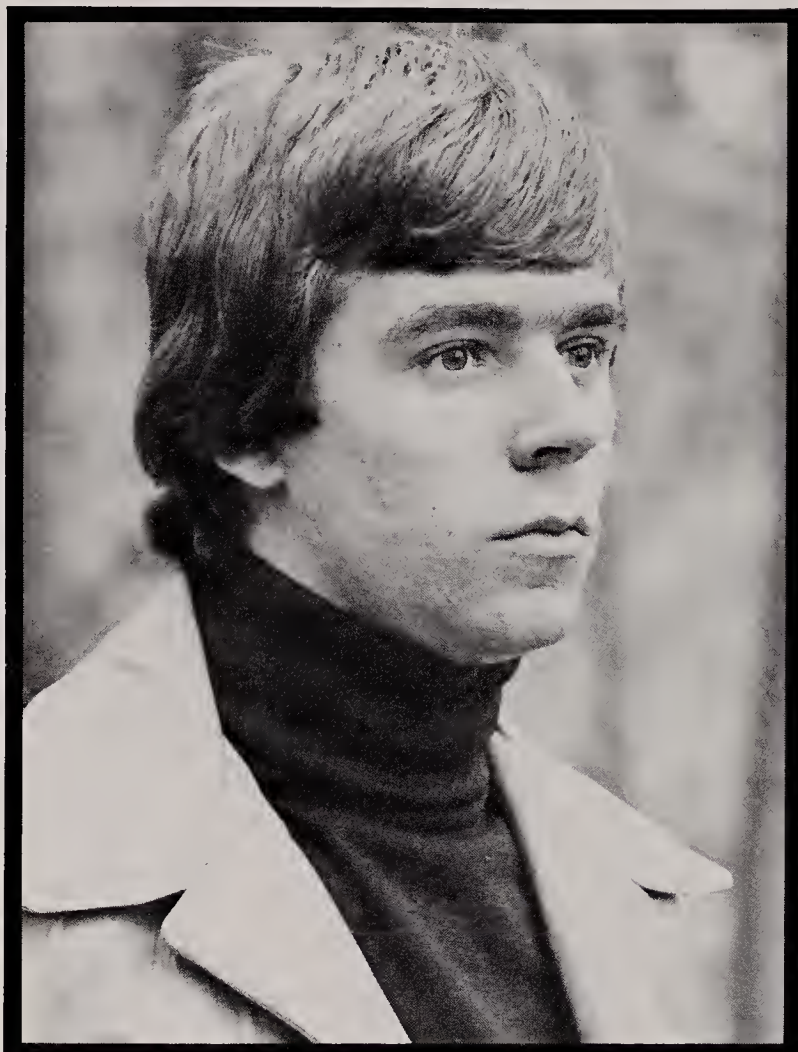




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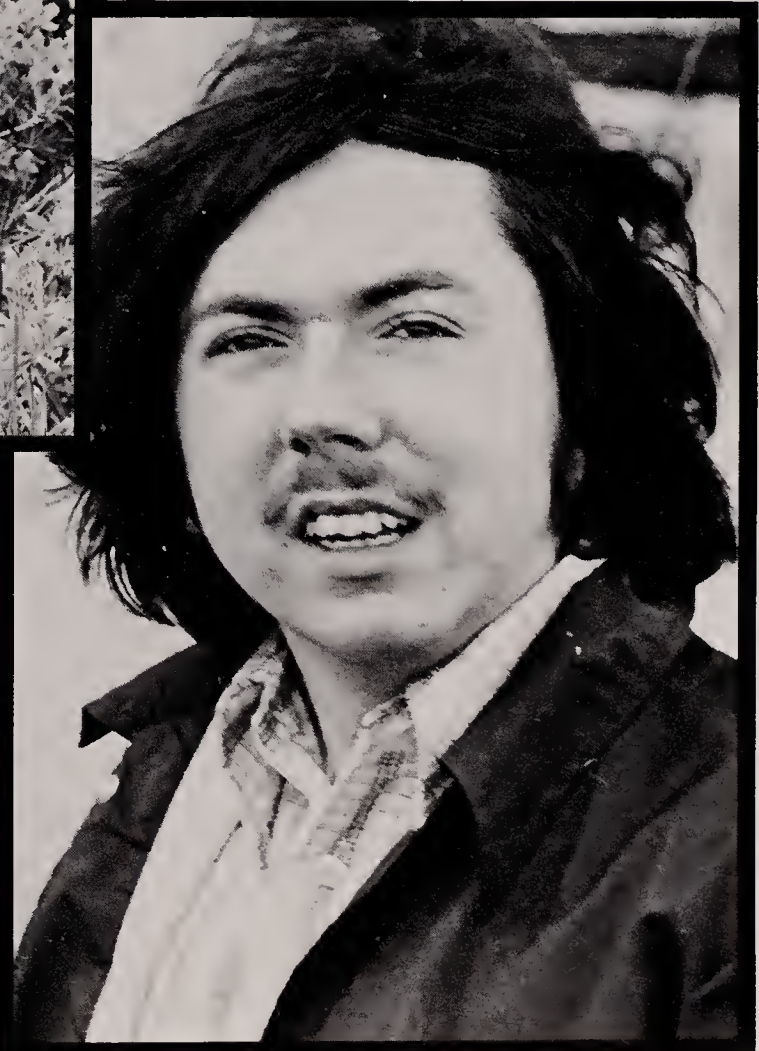




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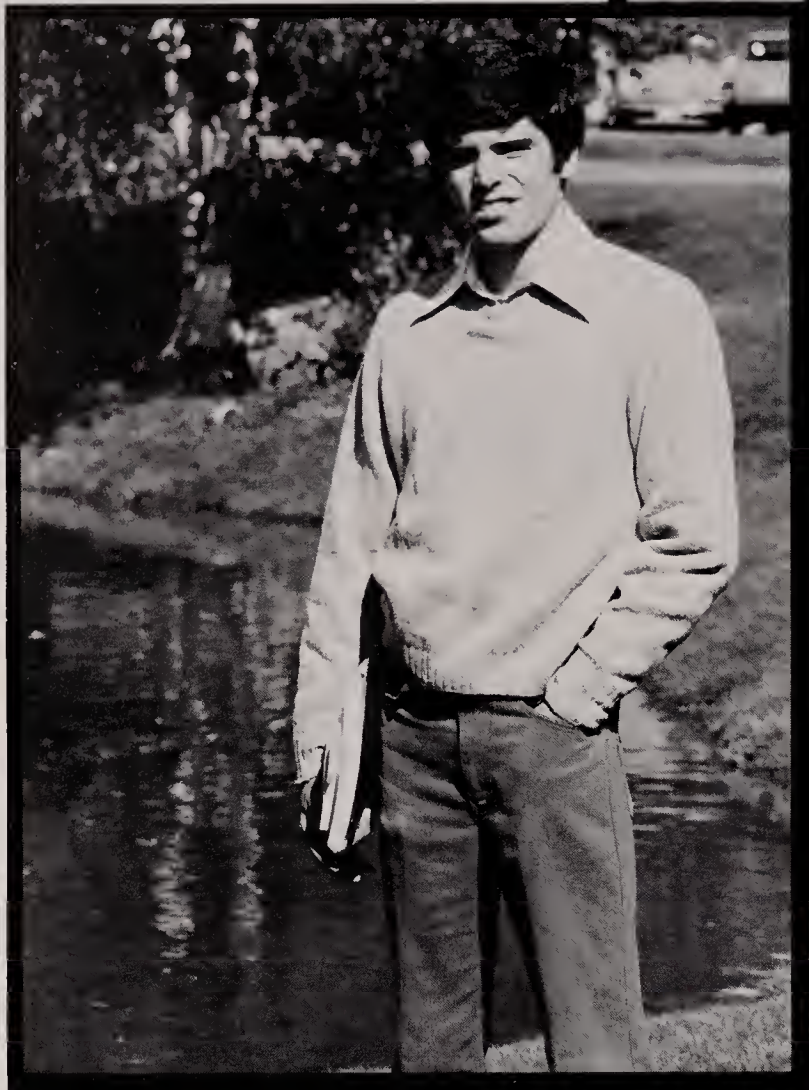


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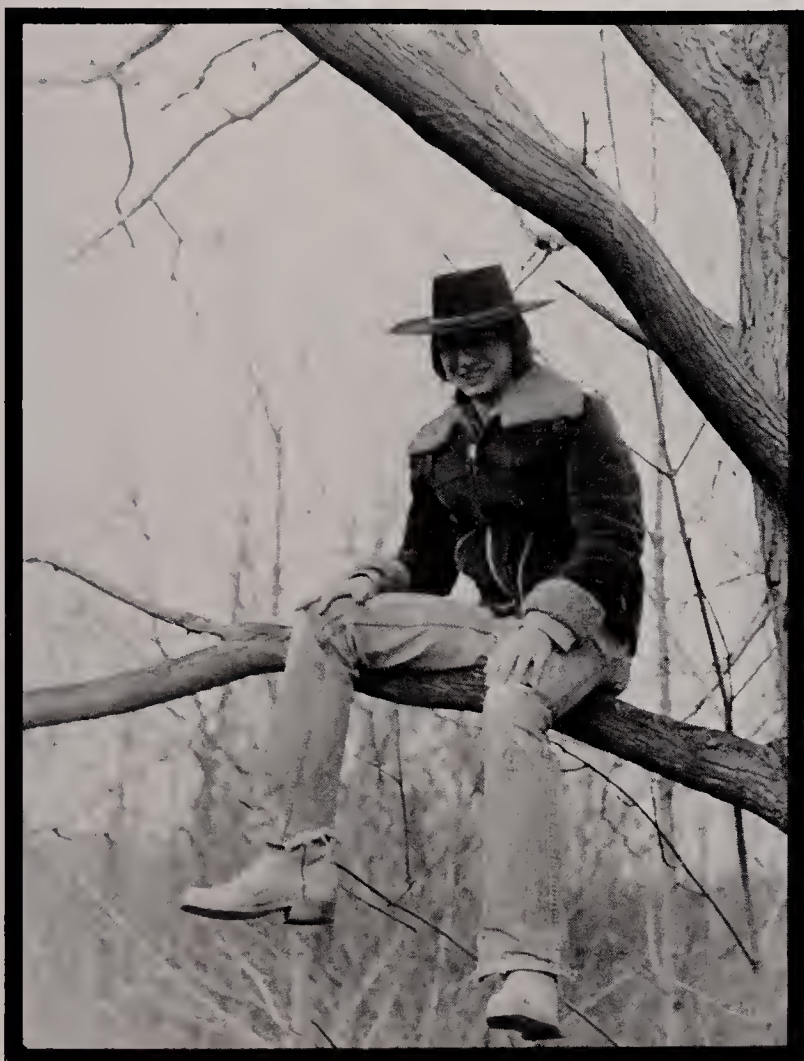




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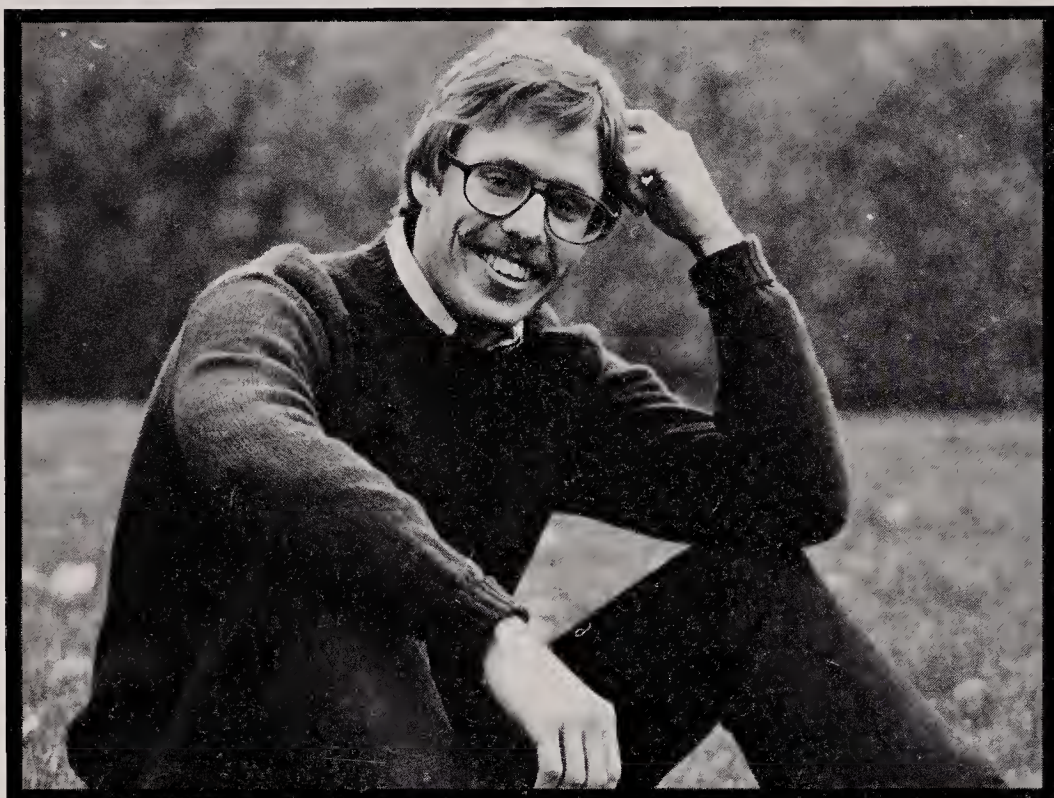


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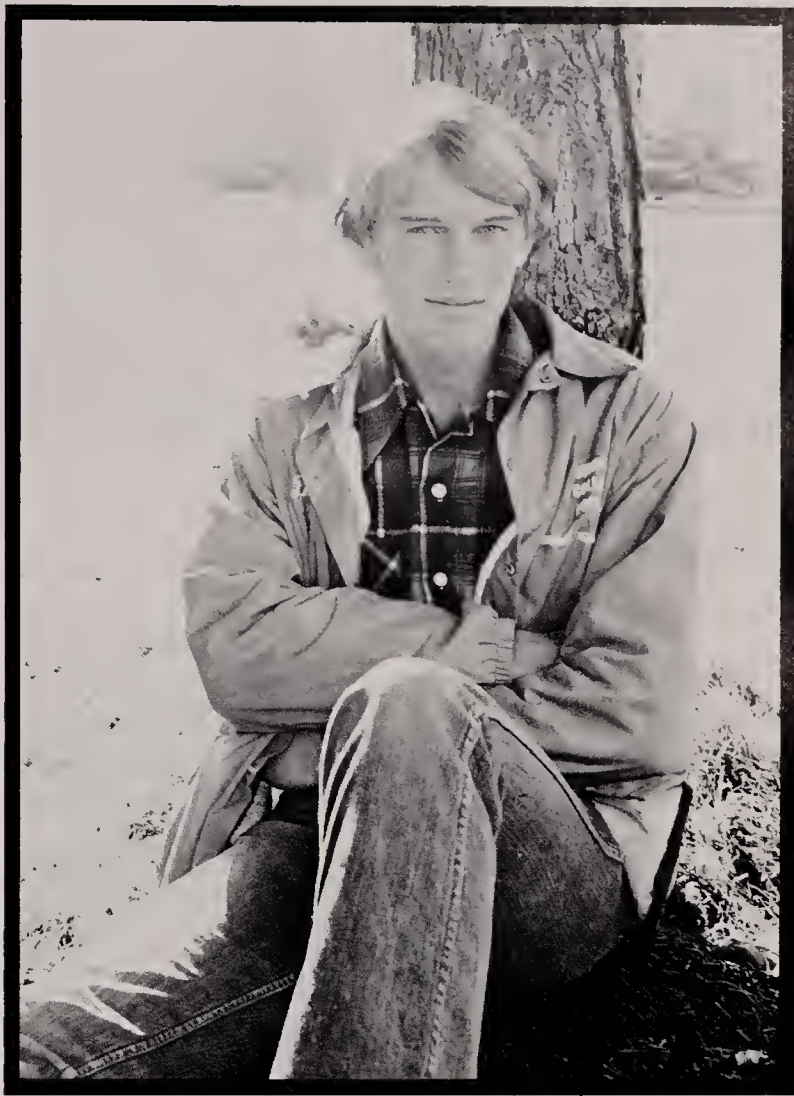


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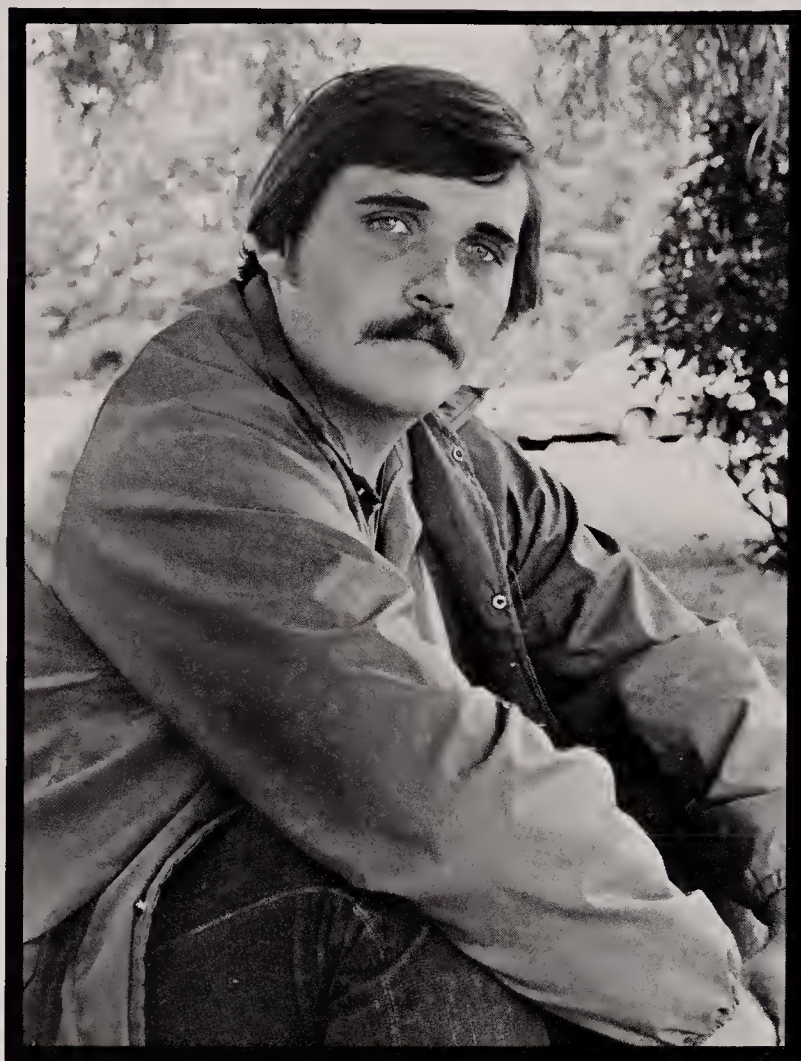




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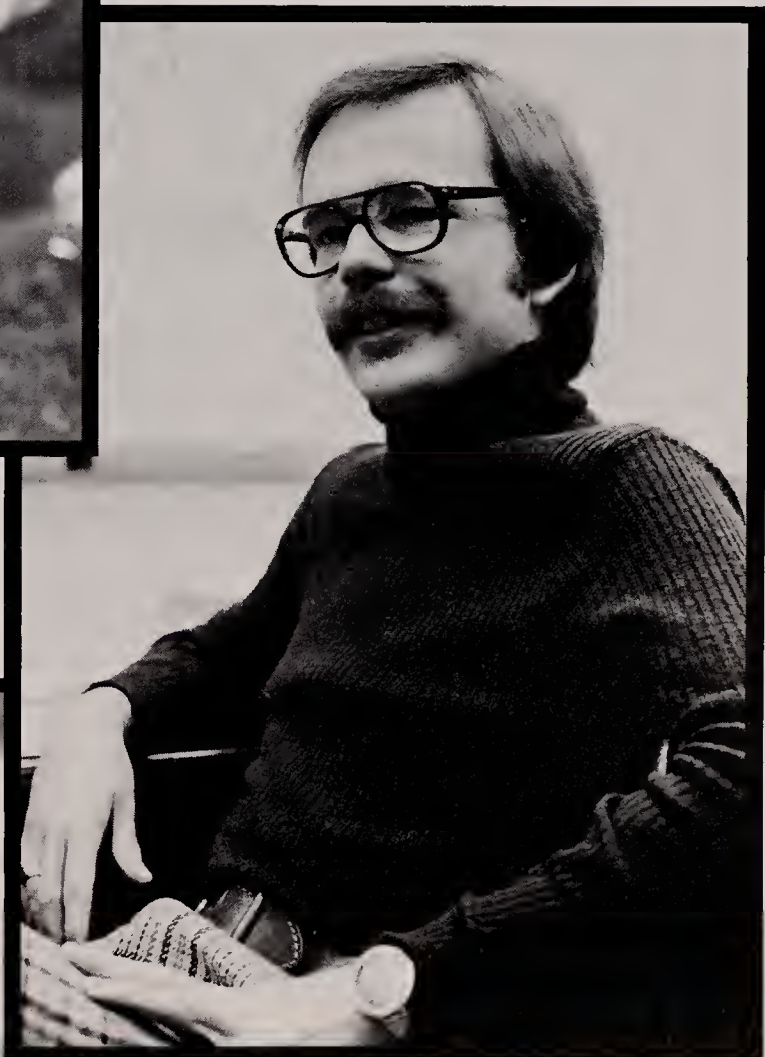




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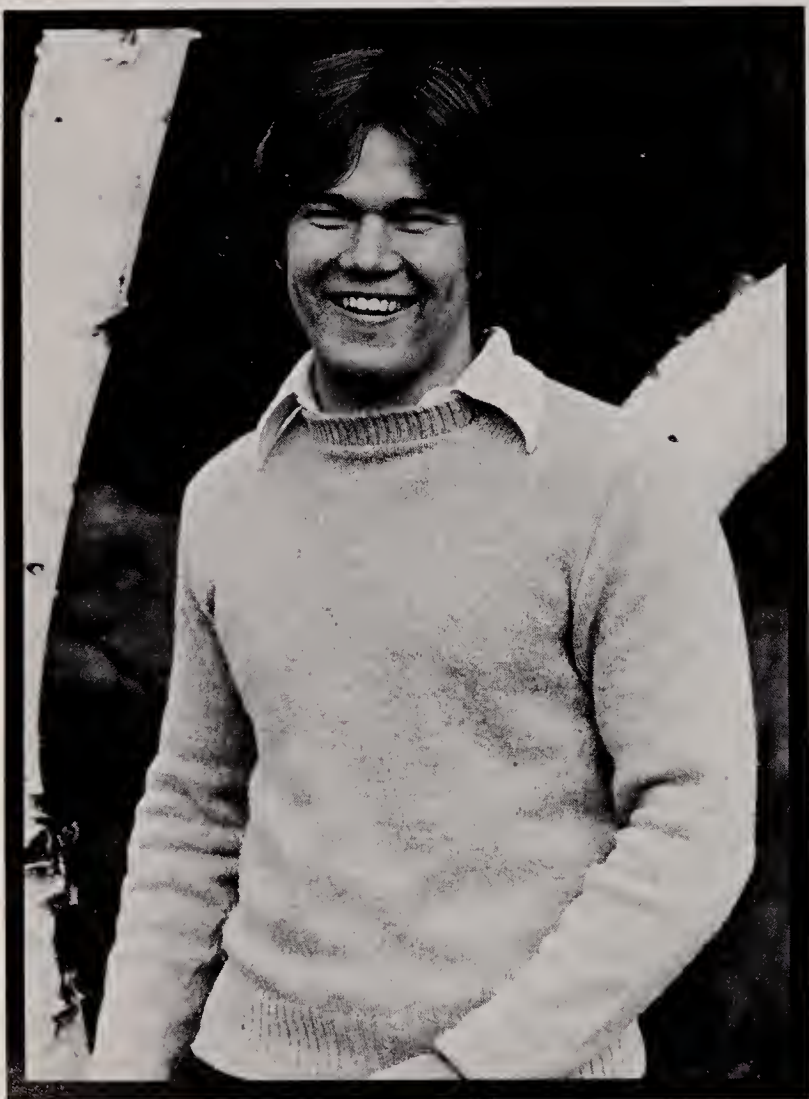


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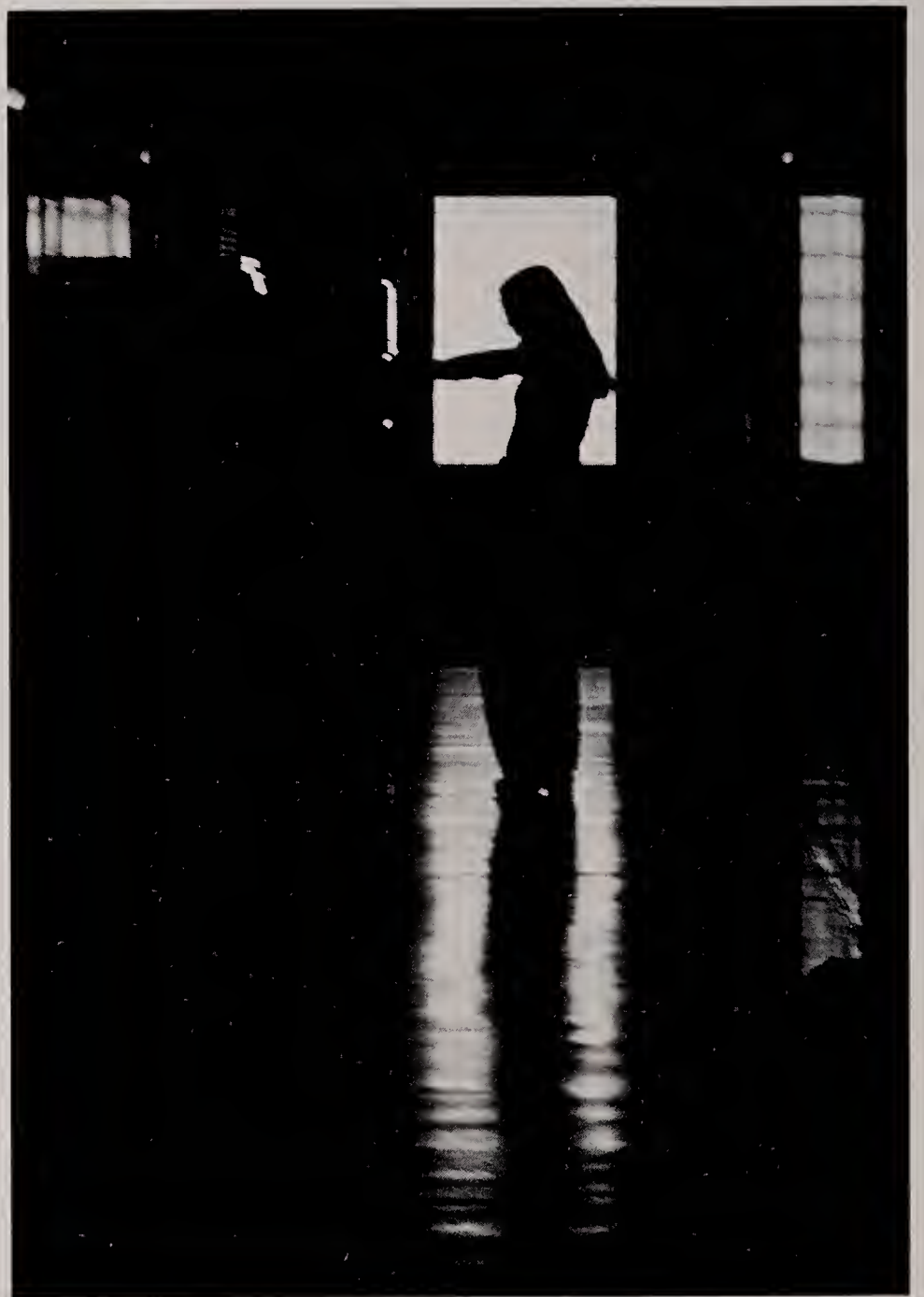




Michael L. Lapointe  
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James Richard Lemire  
Political Science



To those Seniors for whom  
no photographs were available





Let those that are leaving bring to whatever kind of tasks  
they will perform, the spirit that will help them to do it joyfully.  
Let them lead the way to change and growth for mankind.



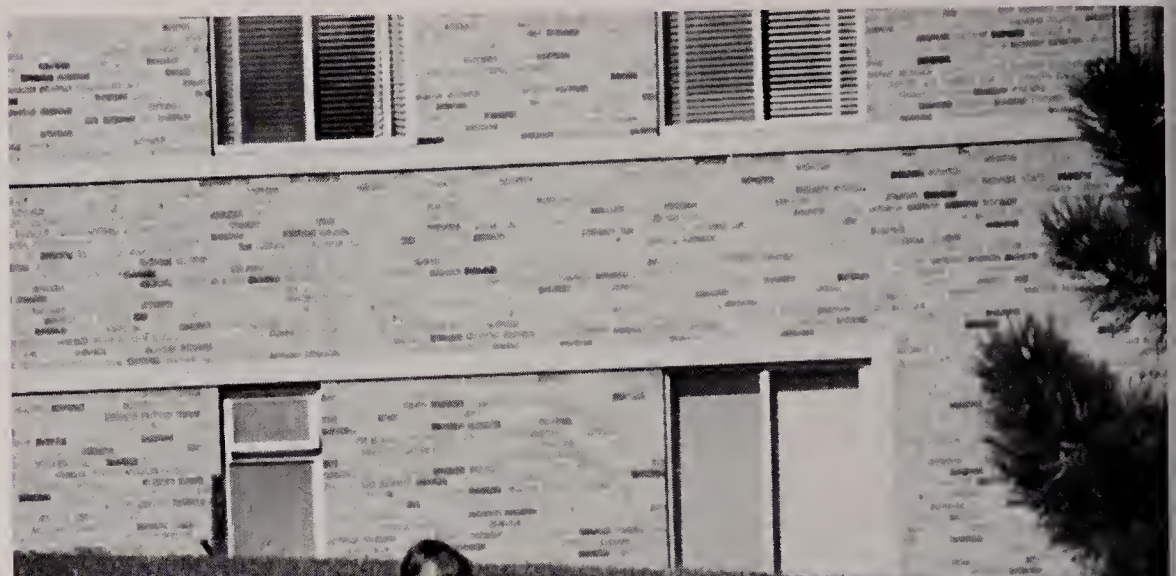






# STUDENT LIFE











"Keep on truckin" . . .  
on the roof, in the snow,  
on the lawn or  
out the window









# TOGETHERNESS

















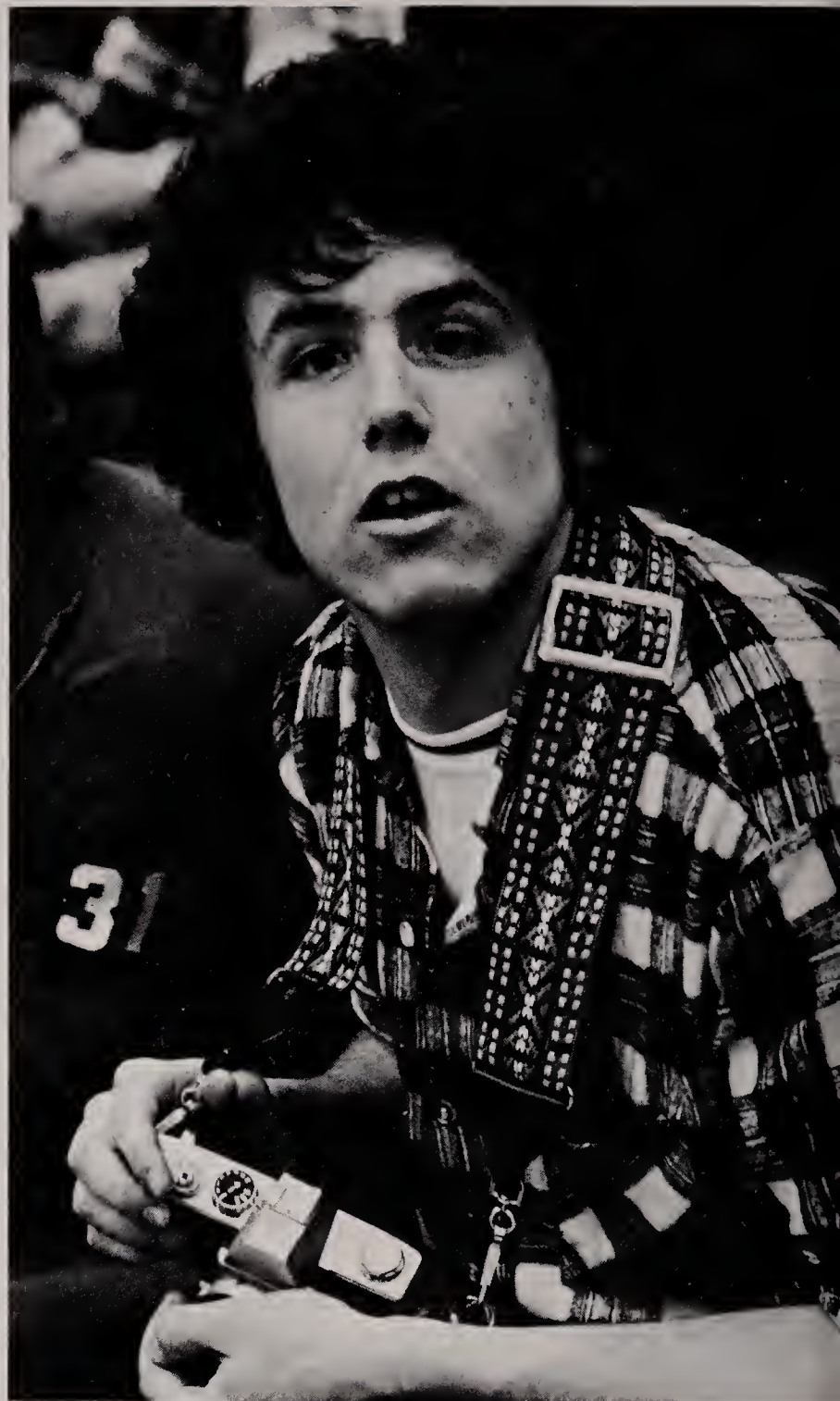




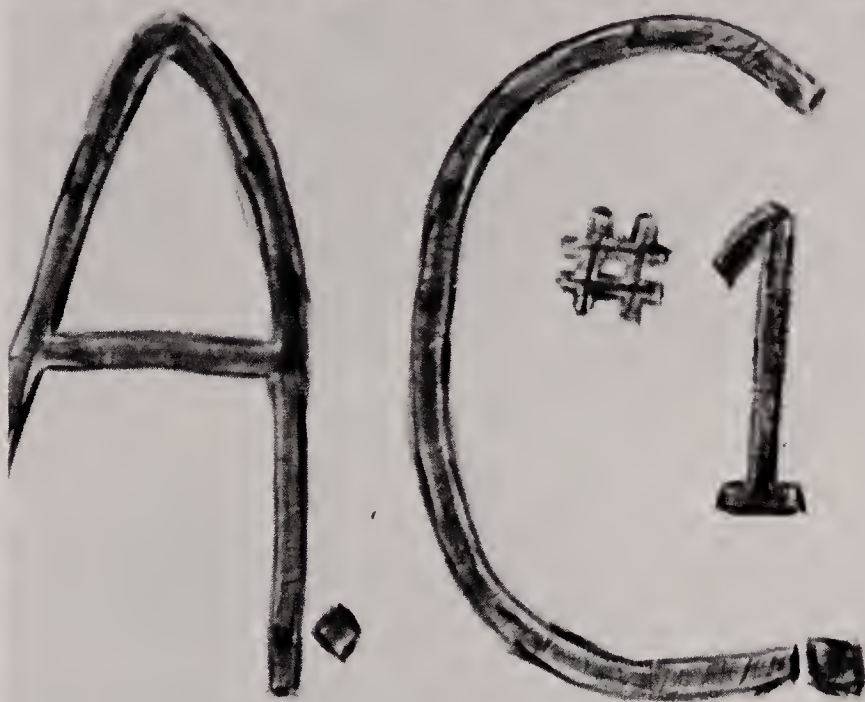




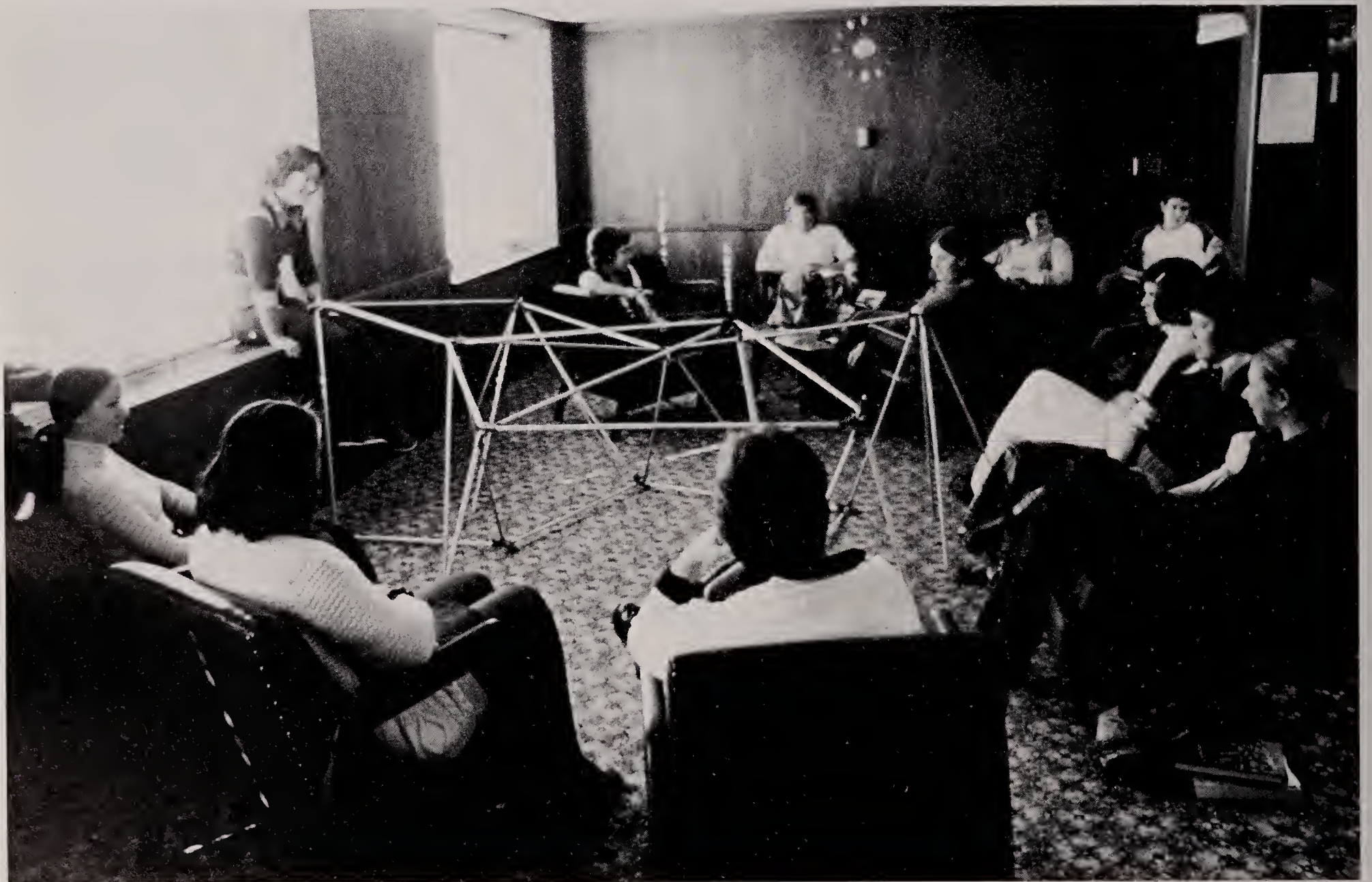
Anyway you look at it,  
Creativity is a  
big part of student life.





















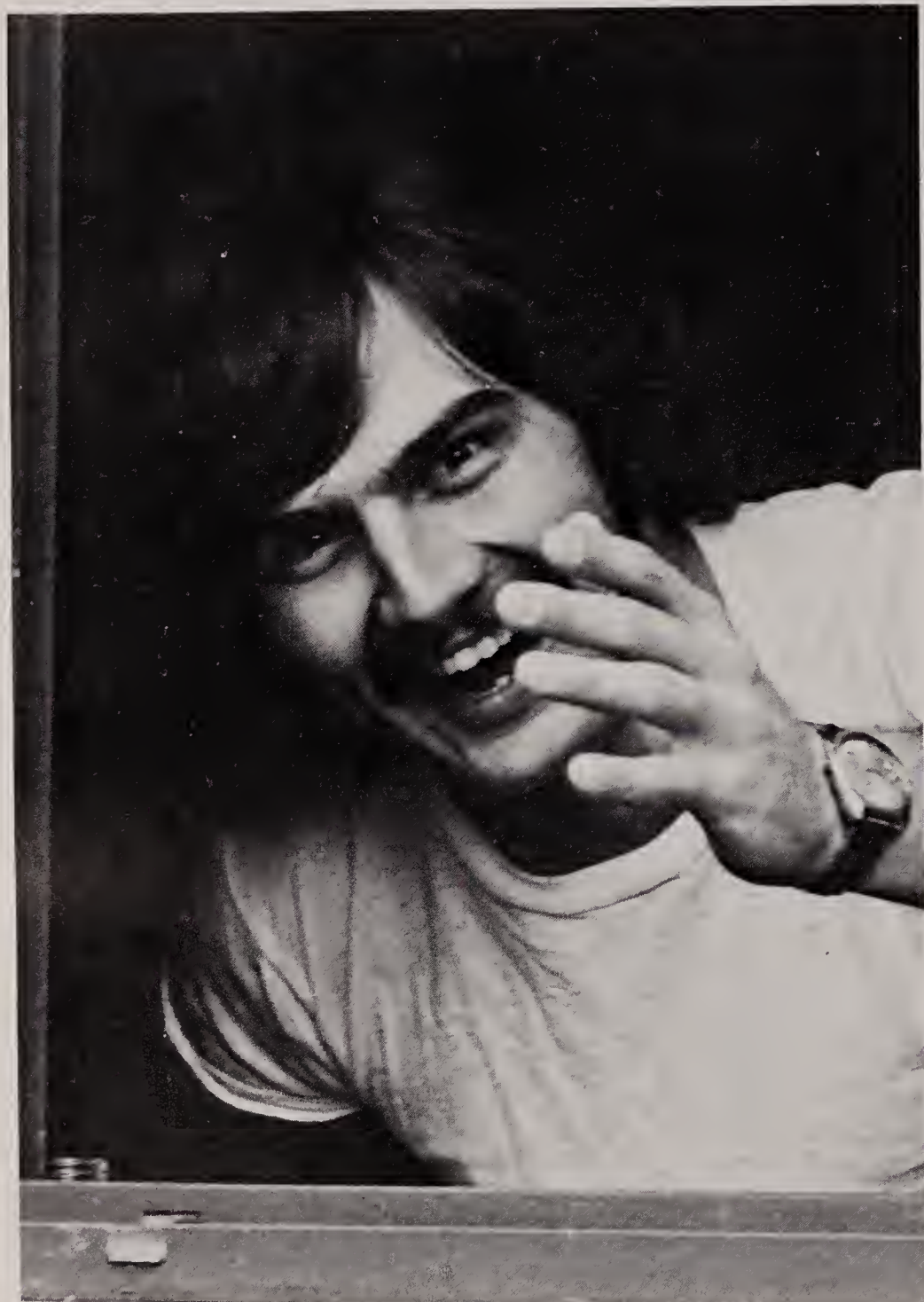


Something spiritual . . .  
In being still and quiet  
or sharing deep thoughts  
with friends.





# EXPRESSIONS

























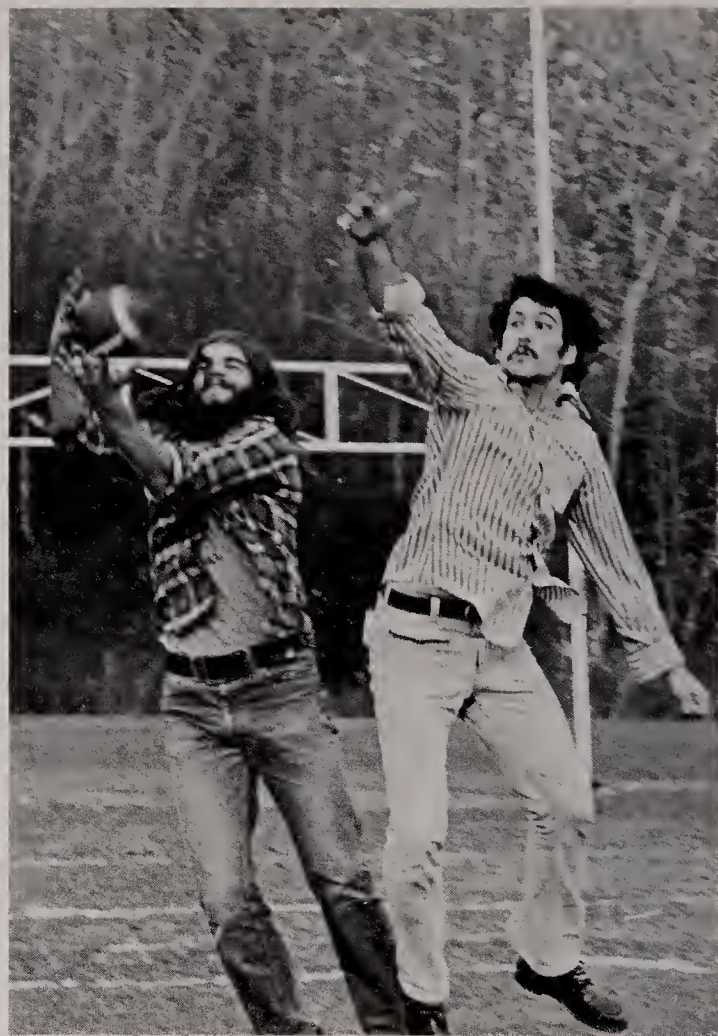








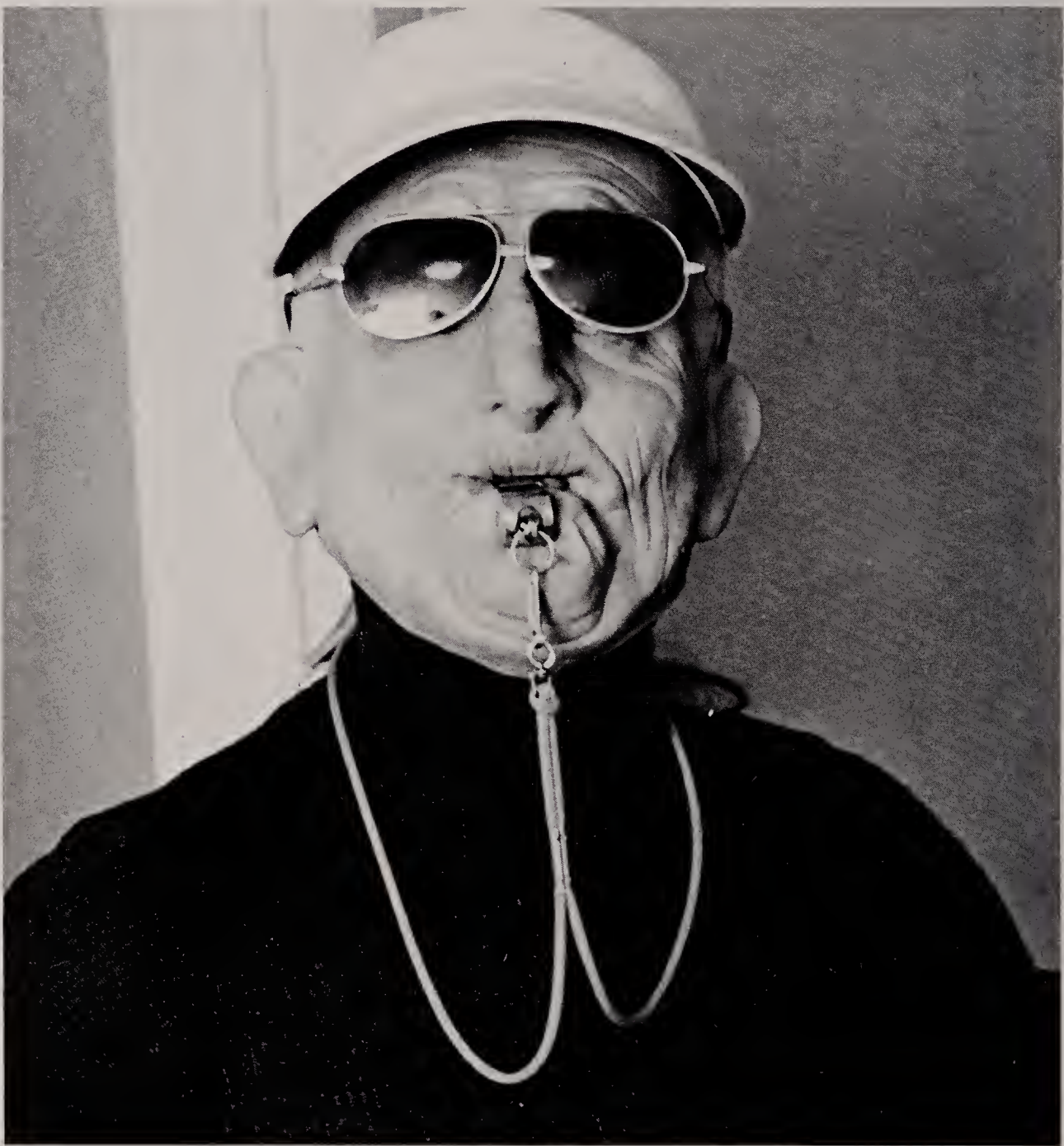
# UNORGANIZED SPORTS



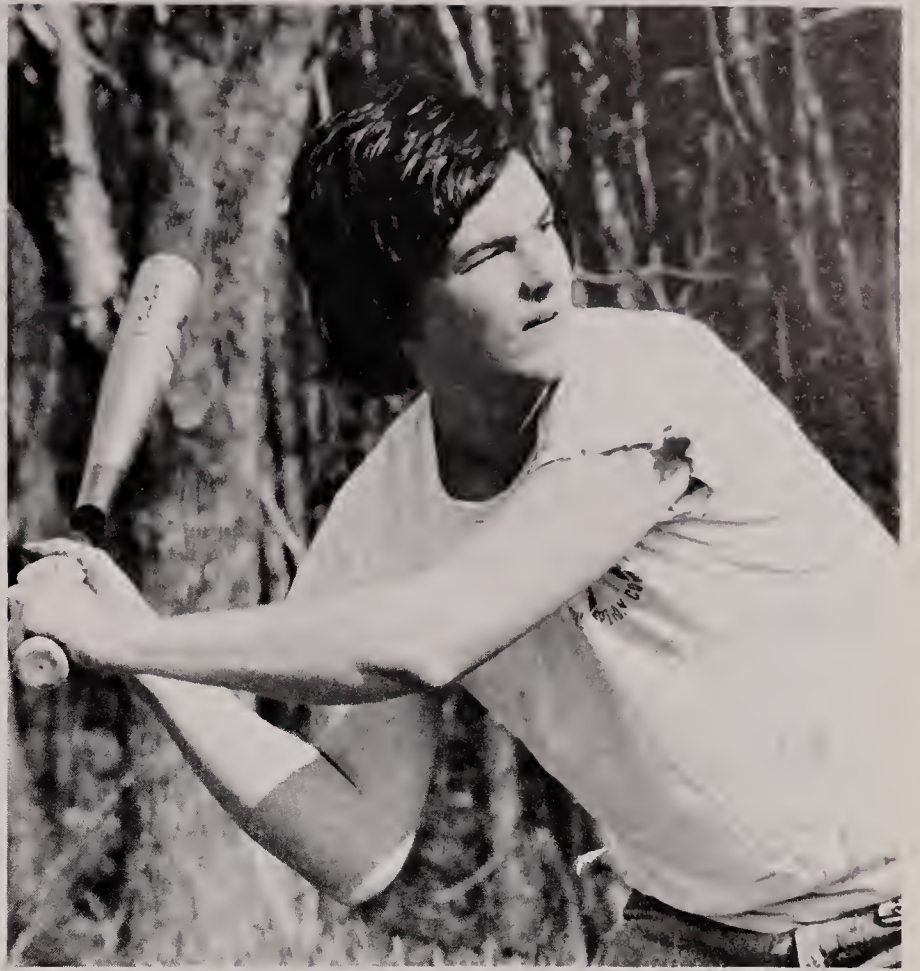






















PARENT'S WEEKEND  
SEMI-FORMAL  
BACCALAUREATE







































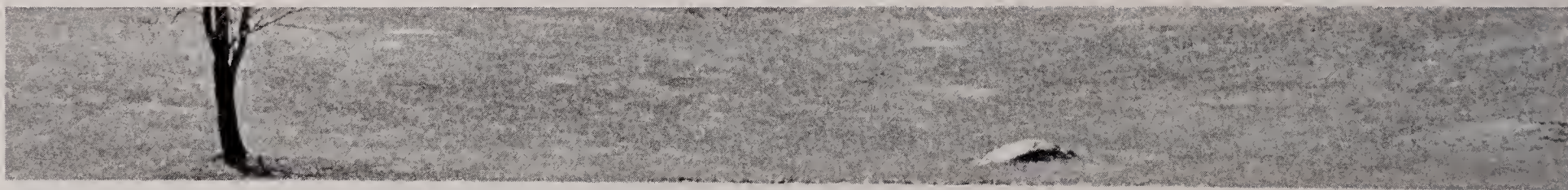
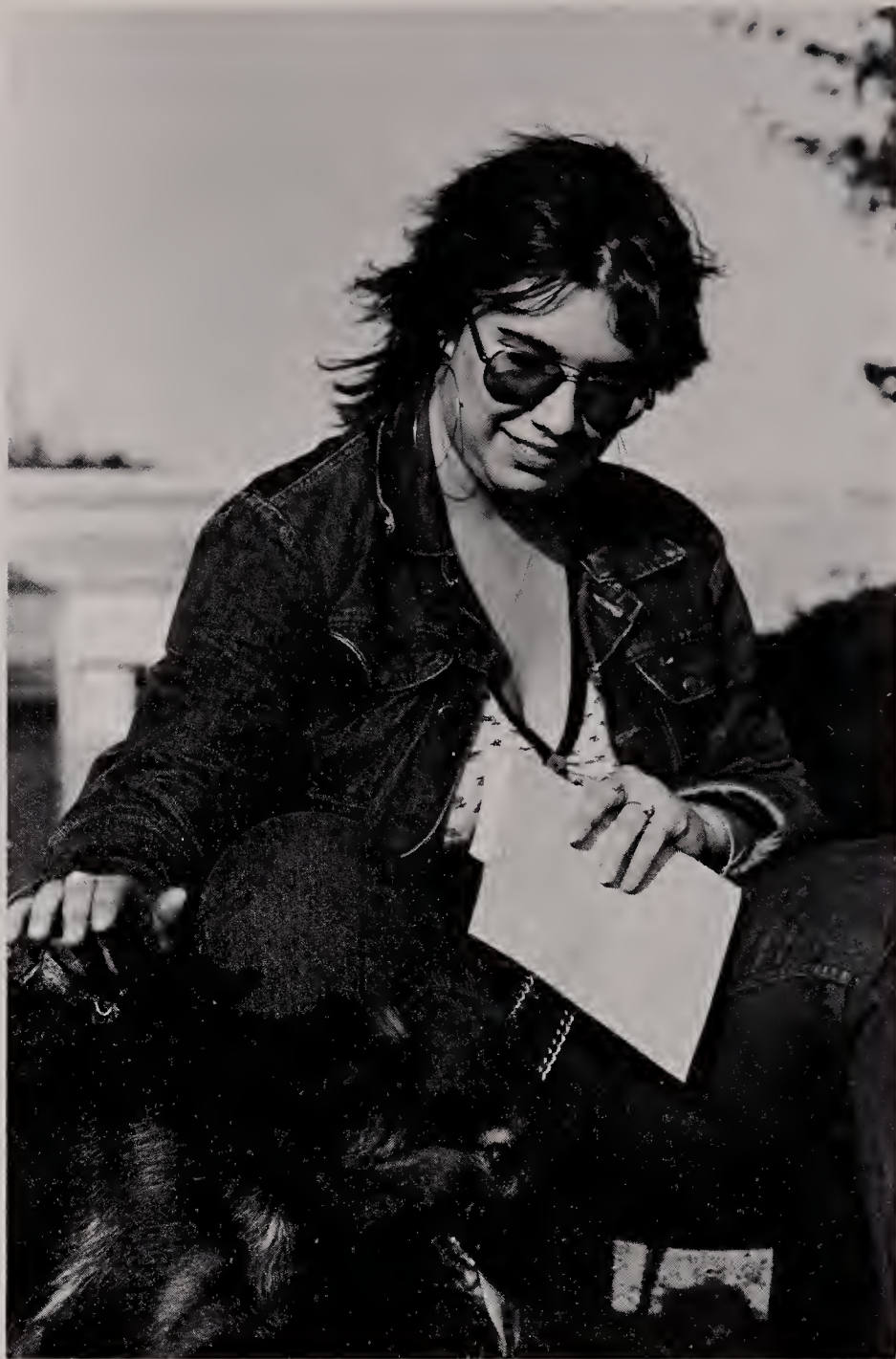




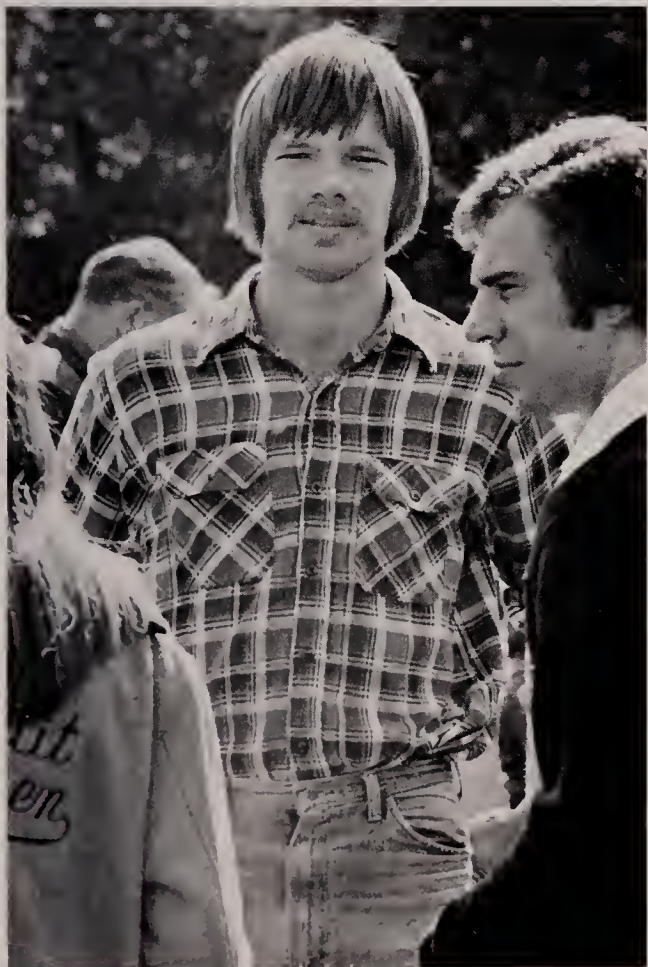
















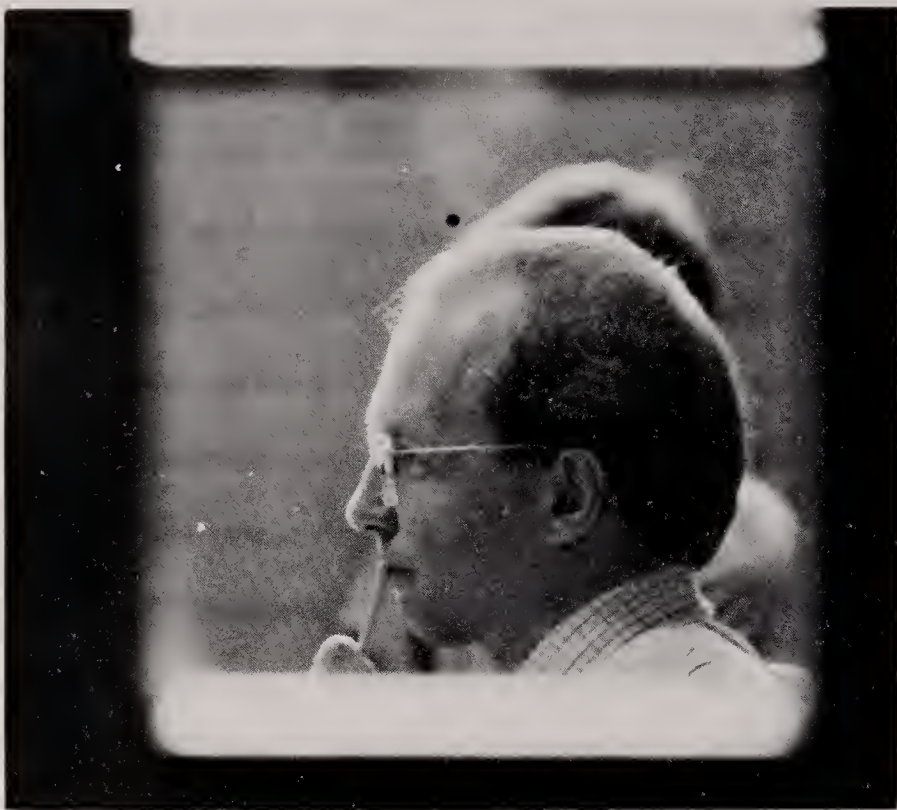




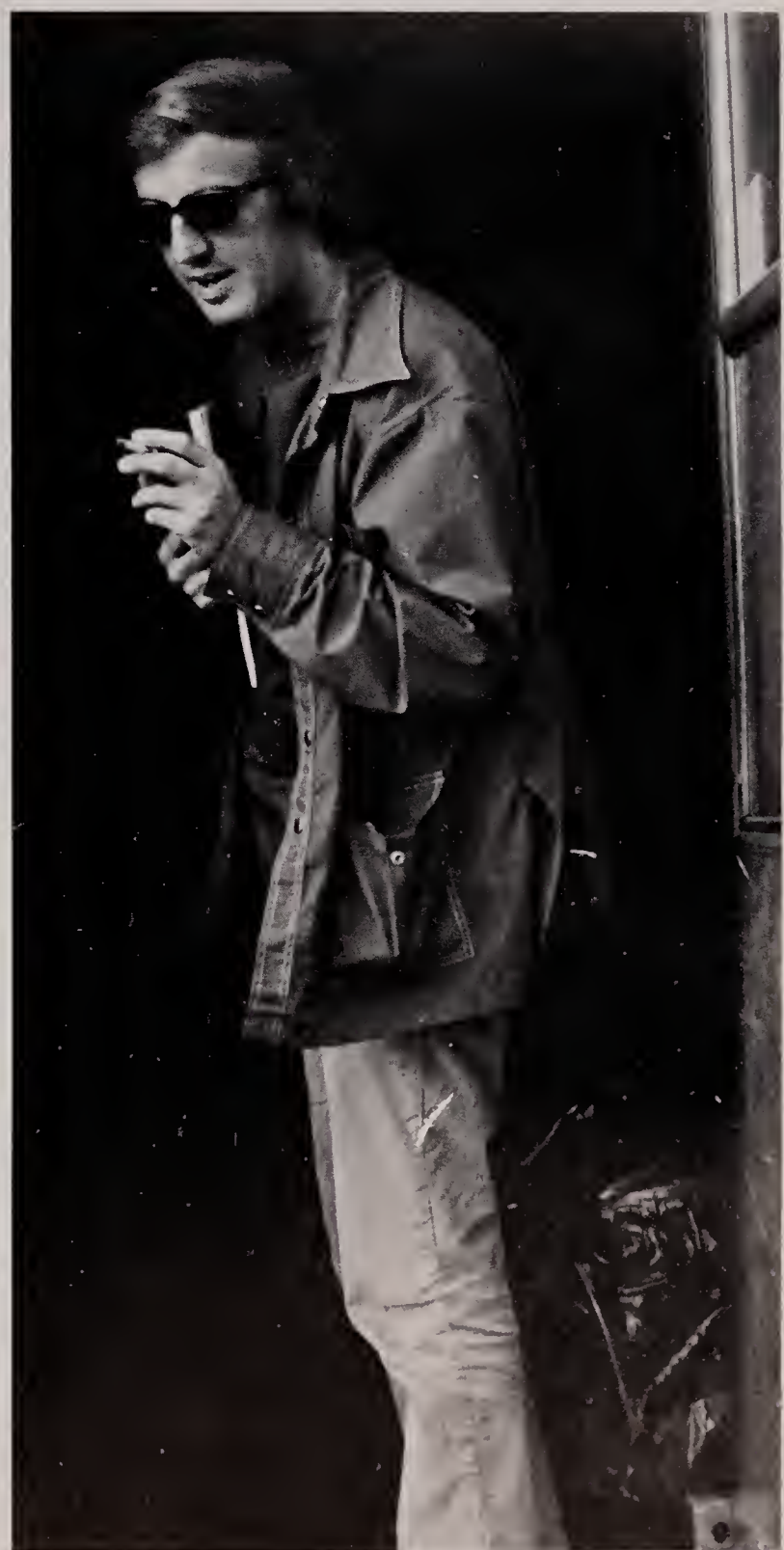


# FACULTY

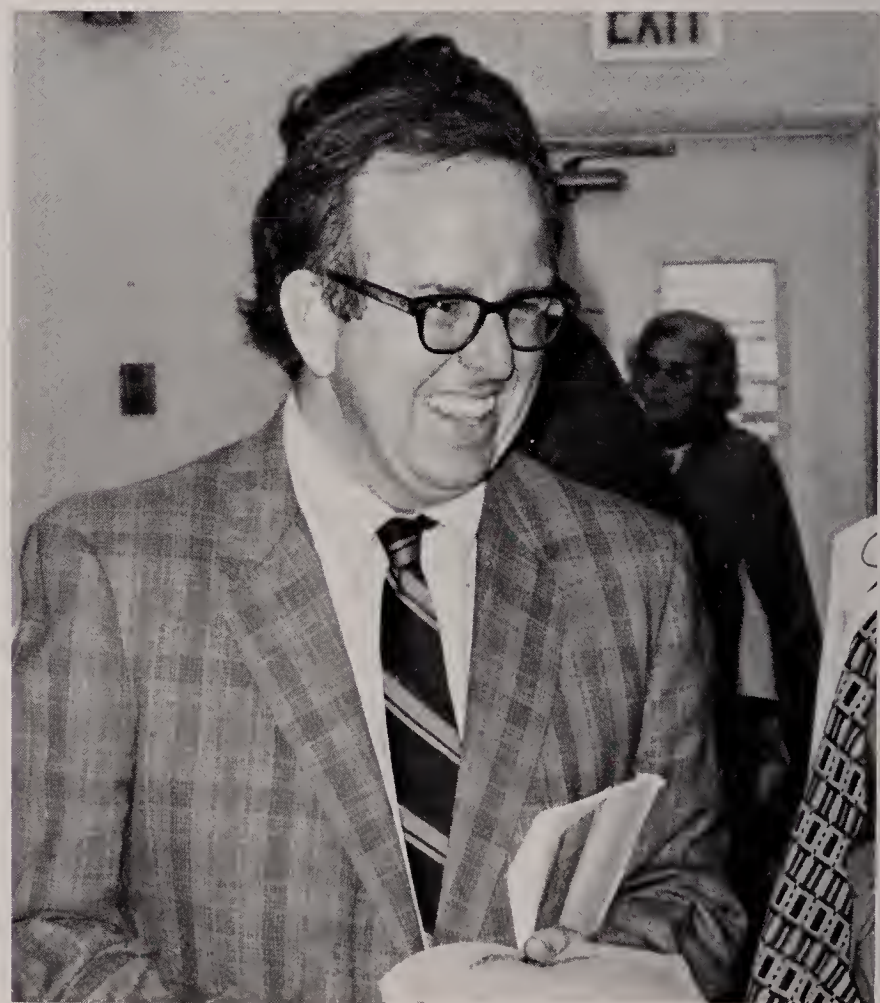
Informal faculty-student contacts were a strong plus for many. Some encouraged independence and thought, others were good to have for friends.



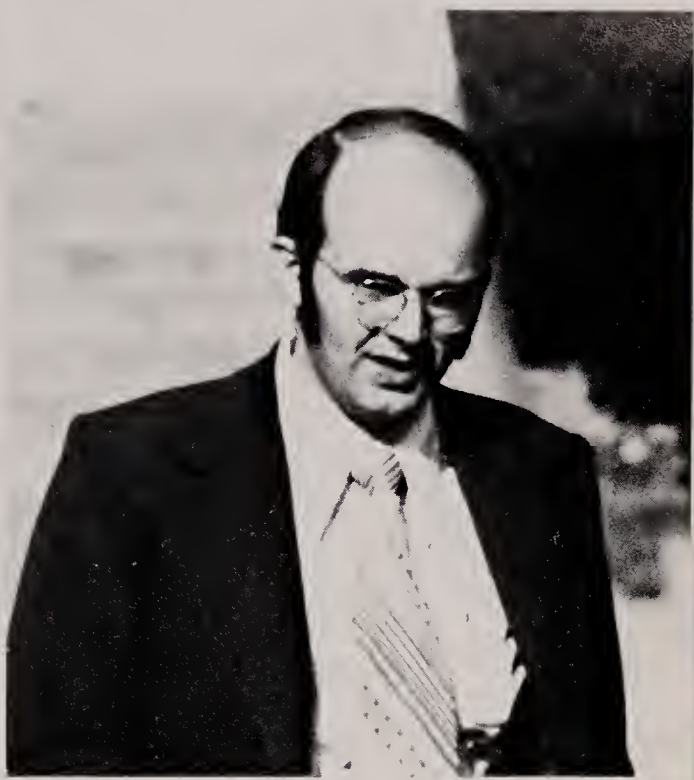




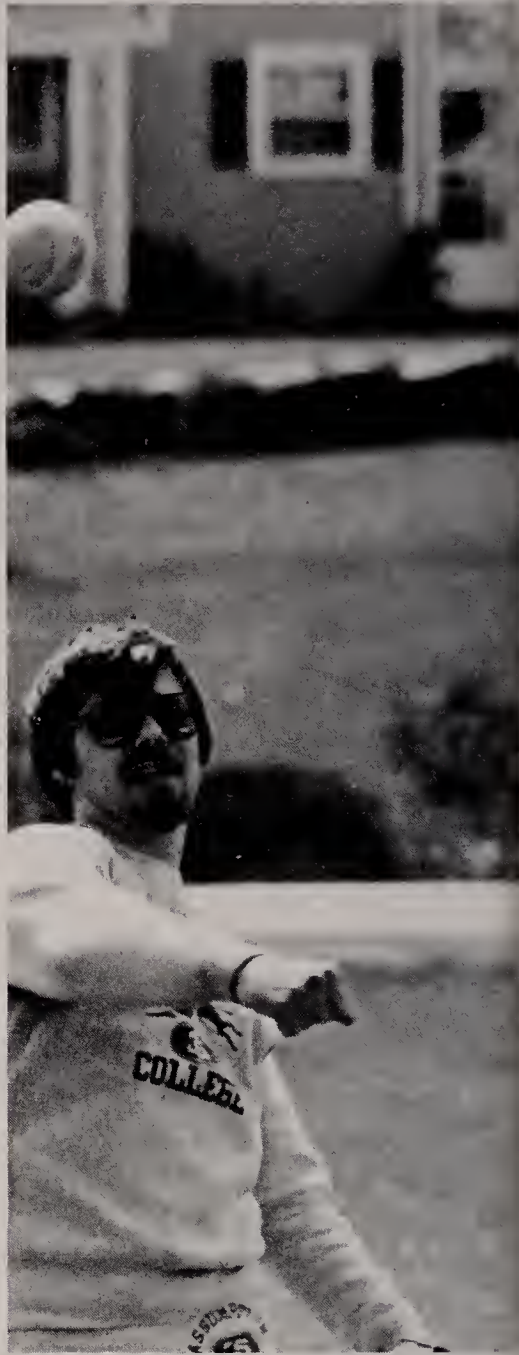




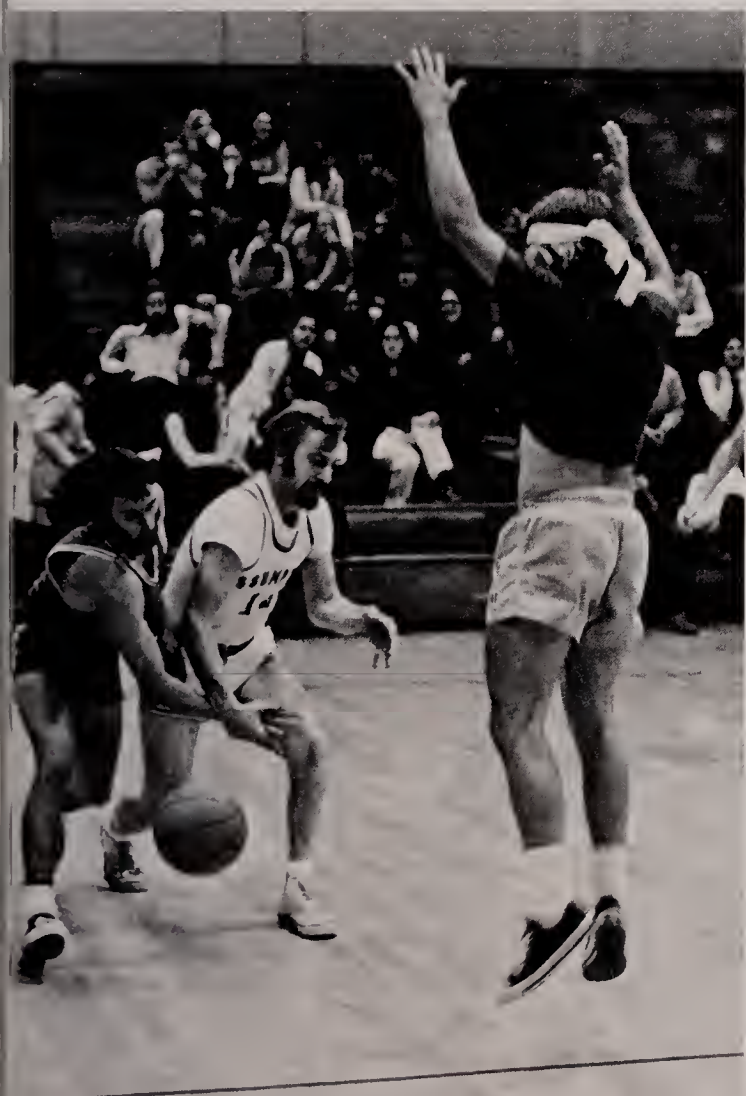




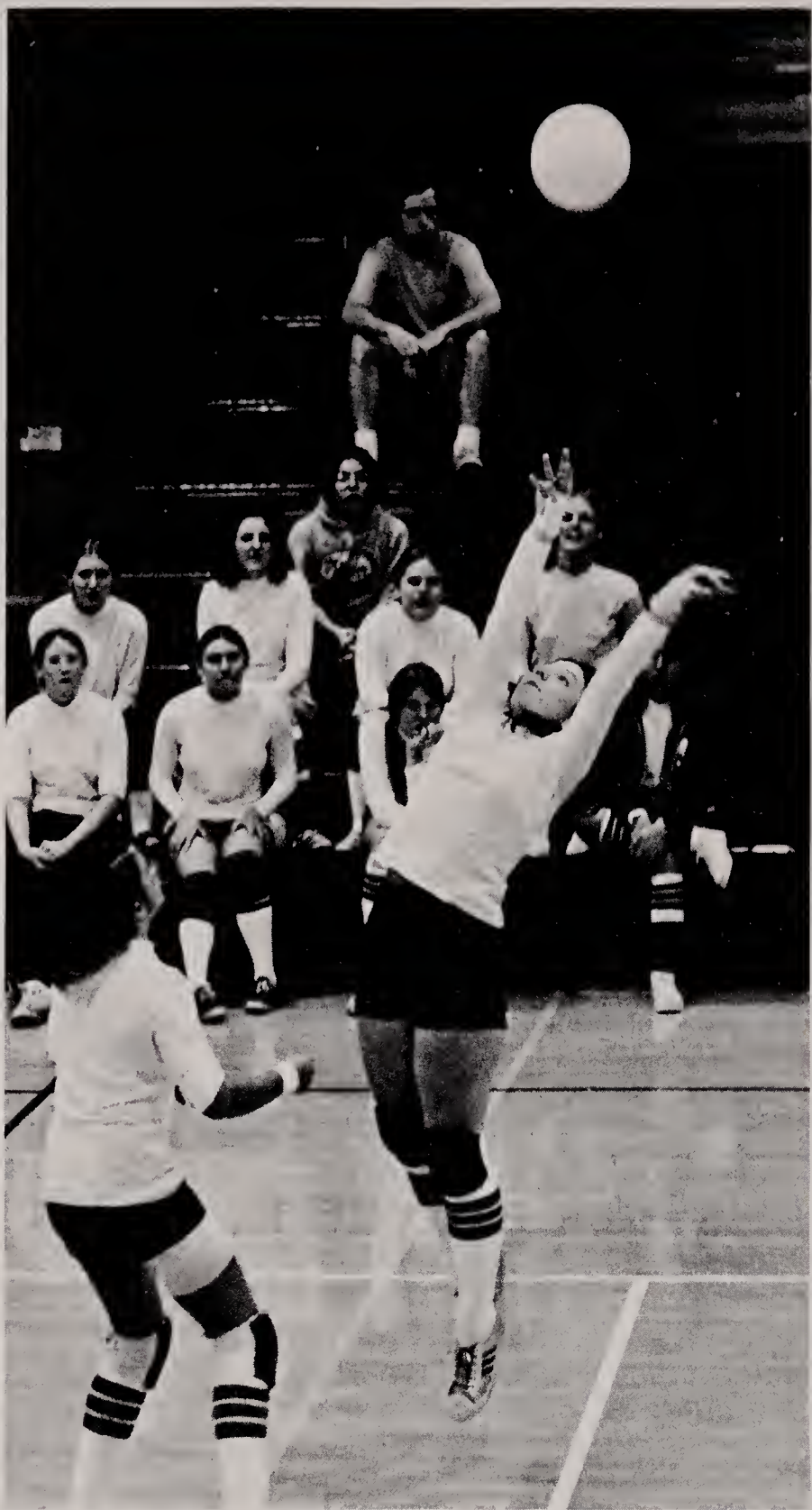














# SPORTS





# 75 BASEBALL



KNEELING: Jim Carter, Mike Pananos, David Benoit, Co-Capt. Denis Richard, Co-Capt. Dave Panarelli, Bill Caron, Bob Berard, Gary Ensor.

STANDING: Joe Lorenti, Art Bomenger, Tom Christo, Dave Bidwell, Bob O'Herron, Ken Pierce, Jo Barbato, Woody Tondorf, Coach Bill Granahan, Trainer Bro. Paul Gosselin.

ABSENT: Kevin McCarthy, Bob Bresciani, Mark Curtis.

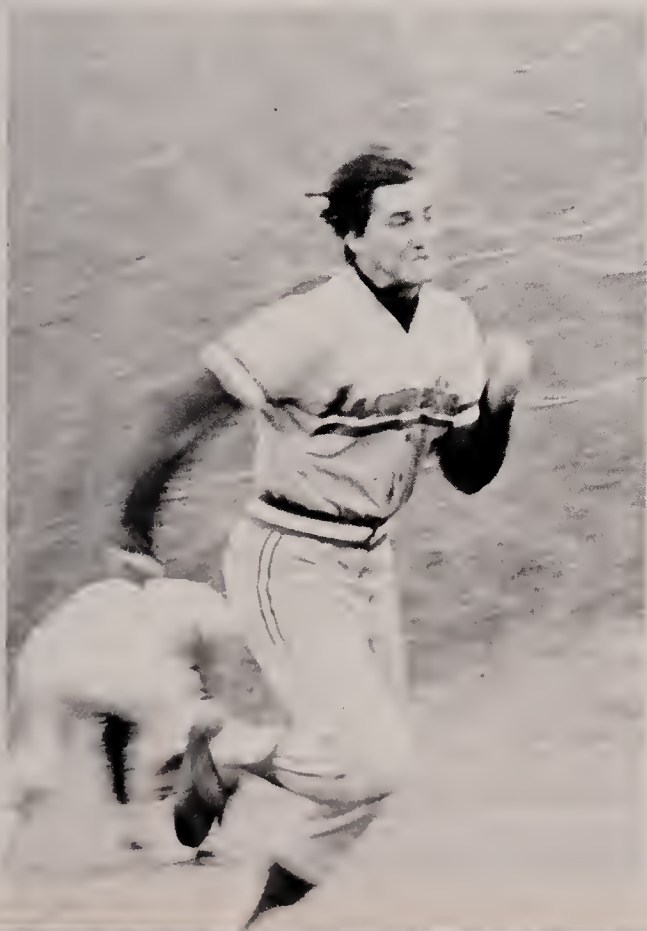


## A.C. OPPONENT

21	Clark	0
0	S.M.U.	8
4	St. Josephs	0
6	St. Josephs	2
12	Bryant	1
3	Bryant	4
3	Holy Cross	1
9	Lowell	6
17	Sufolk	6
9	Sufolk	0
0	Providence	1
2	Providence	3
8	Amherst	10
7	Nichols	3
4	Brandeis	6
6	New Haven	17
10	Hartford	8
17	Hartford	6
9	A.I.C.	4
11	Worcester	1
2	W.P.I.	1
1	Bentley	5
3	Bentley	2
2	New Haven	11

TOTAL Won 15 Lost 9







# 74 FIELD HOCKEY



KNEELING: Candace McGovern, Michelle Hannigan, Capt. Jill Meehan, Pamela Chatis.

SITTING: Sue Chalifoux, Maryellen Joyce, Lori Reidy, Kathy Boyle, Monica Powers, Barbara Nicklas.

STANDING: Katina Venetis, Cheryl Cusson, Jane Ouellet, Nancy Zuk, Casey Mooney, Linda Perla, Kim Lawlor, Coach Rita Castagna.

## A.C. OPPONENT

0	Holy Cross	4
1	Boston College	3
2	Bentley	0
3	Leicester J.C.	1
0	Dean J.C.	4
1	Wheaton	3
1	Worcester	2

TOTAL Won 2 Lost 5





# 74-75 CHEERLEADERS



FRONT: Aimee Perkins.

BACK: Sue Coates, Cheryl Rodrigues, Joni-Jean Crevello, Co-Capt. Ellen Costigan, Sue Chalifaux, Stephanie BoNafante, Co-Capt. Elain Babineau, Sue Halpin, Carol Gaudreau.

ABSENT: Corliss Burke.





# 74-75 BASKETBALL



STANDING: Mgr. George Tyburski, Jeff Stansbury, Chris Erali, Jim Kelly, Bill Wurm, Vin Hoffman, Rich Tucker, Al Edmond, Bill Hatten, Tim Connolly, Mgr. Jim Mullin.  
KNEELING: Paul Phillips, Jim Boylan, Co-Capt. Gary Sergo, Co-Capt. John Grochowaski, Paul Brennan, Ed Rodrigues.

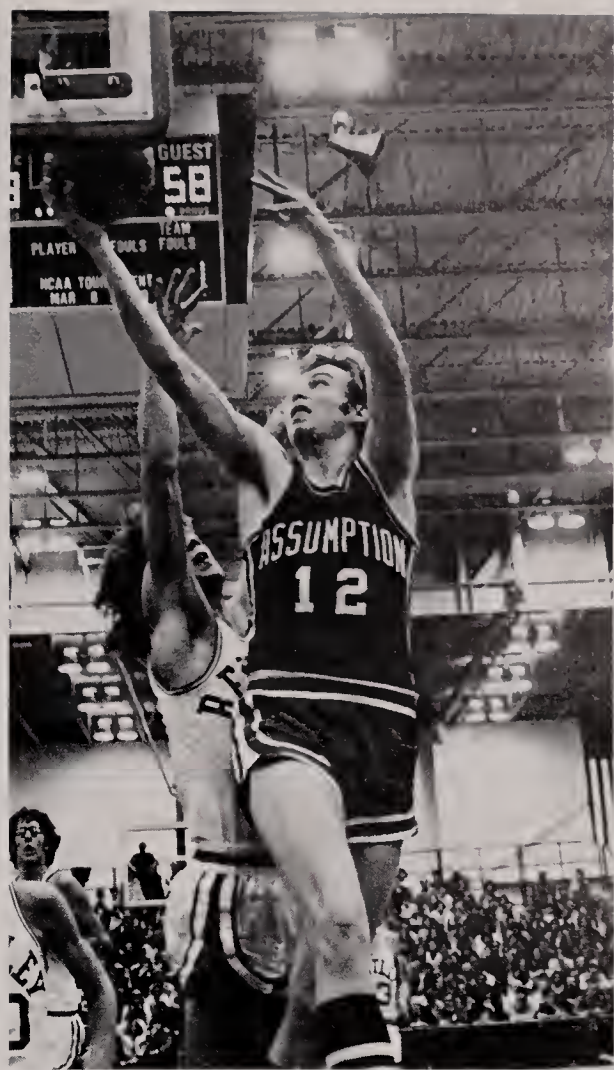


A.C.	OPPONENT
95	Bryant 83
118	Merrimack 78
96	Bridgeport 83
83	Providence 97
90	Worcester 79
81	So. Carolina 113
72	Rhode Island 66
88	Holy Cross 107
74	Holy Cross 80
68	Canisius 104
106	St. Anselm's 72
87	Bentley 91
80	Springfield 64
97	Stonehill 76
103	Colby 62
80	Hartwick 88
81	Lemoyne 70
84	Northeastern 77
95	St. Michaels 77
93	A.I.C. 75
92	Catholic U. 76
97	Hartford 85
92	W.P.I. 77
83	Clark 62
63	Cent. Conn. St. 61
111	Sacred Heart 95
87	Bentley 82
81	Gannon 69
73	New Orleans 84
88	Tenn. State 80

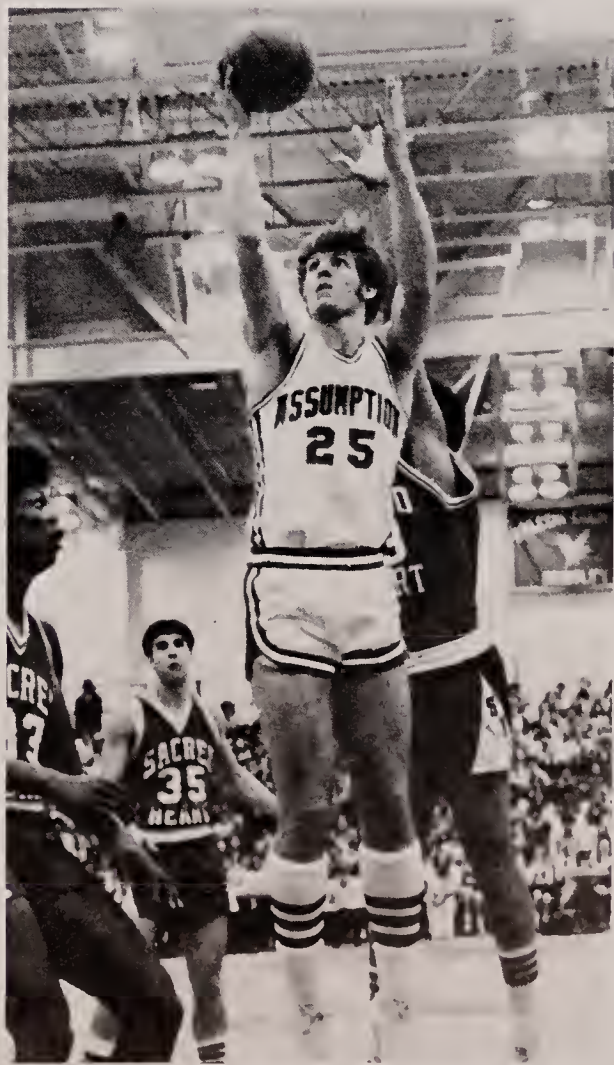
TOTAL Won 22 Lost 8



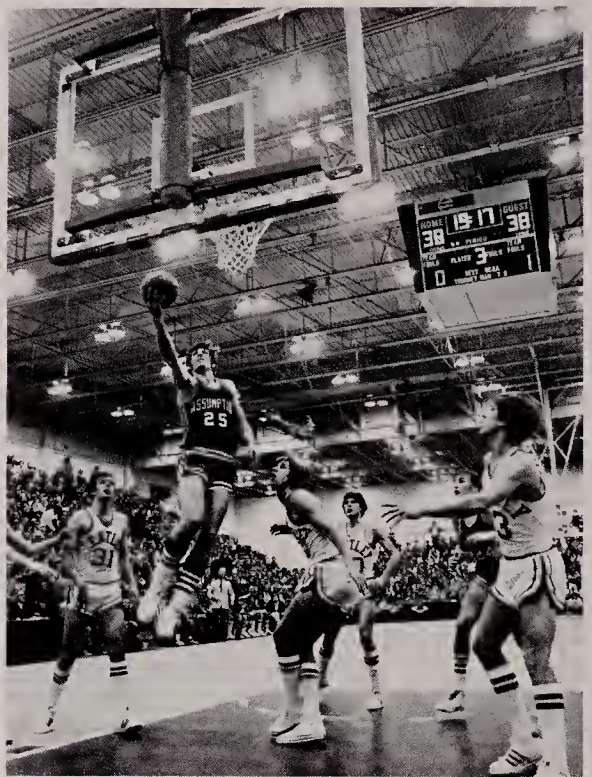




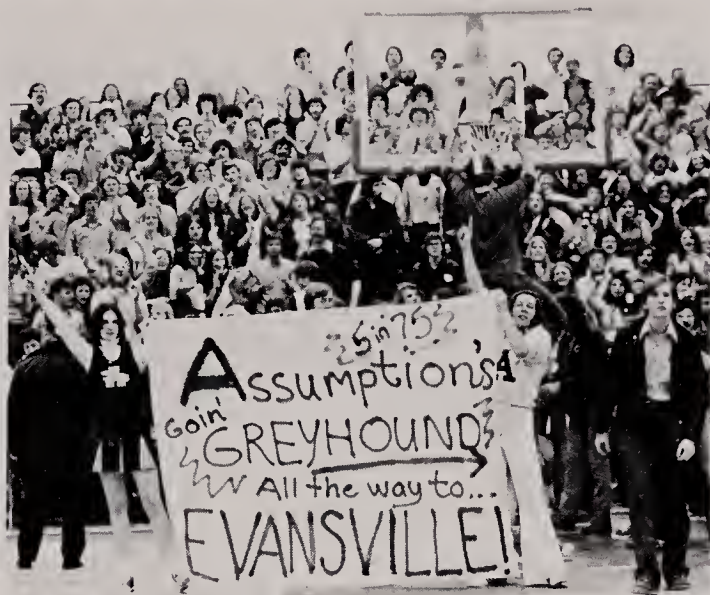
74-75  
VARSITY  
STARTERS













# 74-75 WOMEN'S BASKETBALL



KNEELING: Mary Bianchini, Kathy Boyle, Jane Mulligan, Monica Powers, Joan Ladner.  
STANDING: Coach Rita Castagna, Mgr. Sue Gordon, Thalia Vitikos, Pam Chatis, Debbie Brunette, Sally Eliot, Ann Arbor, Pat Stockwell, Kathy Parsons, Barbara Nicklas, Scorekeeper Shaun Marie Dooley.

A.C.	OPPONENT	
32	Fitchburg	68
39	Providence	46
51	Holy Cross	37
42	Providence	60
50	Endicott	40
34	Stonehill	51
70	Bentley	42
35	Eastern Conn.	52
59	W.P.I.	40
49	Lowell Tech.	46
42	Lowell State	43
41	Bryant	39
72	Regis	29

TOTAL Won 7 Lost 6





# 74 VOLLEYBALL



A.C.	OPPONENT
15-13, 10-15, 15-12	Worcester
1-15, 8-15	Fitchburg
5-12, 15-10	Endicott
15-9, 15-9	Anna Maria
15-4, 10-15, 11-15	Wellesley
0-15, 3-15	E. Nazerene
5-15- 15-4, 15-11	Lowell State
7-15, 11-15	
TOTAL Won 4 Lost 4	

KNEELING: Ann Marie Dostaler, Carol Durkin, Linda Quattrochi, Sue Peterson, Joanne Juster, Barbara Nicklas, Andrea Hostetler, Ann Marie LeBlanc.

STANDING: Coach Rita Castagna, Capt. Karen Stromski, Cathy Mateau, Casey Mooney, Nancy Zuk, Martiza Lebron, Veronica Degen, Audrey Young, Barbara Taylor, Kathy Boyle.





# 74-75 MEN'S CREW



STANDING: Capt. Tom Mulstay, Steve Rossi, Gary Di Pasquale, Ross Heyl, Coach Wally Hall, Mike Comis, Ed Wright, James Scheurer.  
ABSENT: Nadine Desrosiers, William Spitz.





# 74-75 WOMEN'S CREW

KNEELING: Capt. Mary Benson, Marthy Schauss, Denise Brewer.  
 STANDING: Coach Wally Hall, Mary Beth Healy, Karen Farina,  
 Dona Girourd, Linda Demeritt, Cassy Ciciora.  
 ABSENT: Lee Kapuscienski.





# 74 CLUB FOOTBALL



KNEELING: Chuck Franco, John Riley, John Cote, George McSherry, Gary Jack, Tri-Capt. Bob Tetreault, Tri-Capt. Court Morse, Bill Phillips, Brad Johnson, Keith Krauss, Steve Dineen.

SECOND ROW: Coach Paul Cantiani, Mgr. Ralph Garlick, Tim Collins, Jim Breen, Gary Vincent, Mike McCarthy, Darrel Ramsey, Marvin Bern, Joe Bobbins, Tri-Capt. Tom Waitekus, Jim Bruce, Tom Leddy, Jim DiBenedetto, Mario Tardiff, Jim Carter, Ass't Bernie Gaughan.

THIRD ROW: Kevin Krauss, Mike Herd, Mike Fiorito, Tom Simeone, Mike Duchenseau, Mike Burlas, Chuck Graham, Scott Tetreault, Mike Lewis, Bill Susienka, Bob Blanchflower, George Dion, Fran Powers.



A.C.	OPPONENT	
0	Providence	13
10	Stonehill	0
13	Lowell Tech	0
28	Bentley	20
0	Norwalk	0
7	Western N.E.	14
32	Hartford	7
26	Worcester	14

TOTAL Won 5 Lost 2 Tied 1









# 75 GOLF



KNEELING: Steve Dolan, Jim Spencer, Capt. Paul Couture, Ray Robichaud, Dan Kaminski.  
STANDING: Coach Andy Laska, Bob O'Neil, Jim Curran, Steve Bartholomeau, Steve Dumont.

## A.C. OPPONENT

5	A.I.C.	2
5	St. Anselm's	2
7	Clark	0
5	Babson	2
4	Suffolk	3
1	Holy Cross	6
5	W.P.I.	2
6	Hartford	1
3	Lowell Tech.	4
3	Merrimack	4
2	Stonehill	5
3	Worcester	4
3	Nichols	4

TOTAL Won 7 Lost 6





# 75 TRACK

RECORD 8-13



FIRST ROW: Mgr. Art Tucci, Co-Capt. Shamus Fleming, Claudia Landigger, Mary Beth Siggins, Debbie Page, Pat Cahill, Bob Jennings.  
 SECOND ROW: George Dion, John Evangelista, Greg Harrington, Skip Tahan, Jim Phaneuf, Mike Longely, Coach Bob Cormier.  
 THIRD ROW: Steve Sherlock, Gary Jack, Mike McCarthy, Mark Chasse, Mike Barry, Steve Davis.  
 FOURTH ROW: Mike Finnerty, Ed Wirtanen, Jim Paugh, Co-Capt. Jerry Boyle, Ed Belair, Rick Ouellette.



## RECORD 9-14



KNEELING: John Paulin, Rich Ovian, Steve Butland, Rick Ouellette, Jim Cashman.  
 STANDING: Coach Joe Bialy, Art Tucci, Art Paluso, Mark Weber, Jim Paugh, Joe O'Connell, Capt. Ed Wirtanen.



74 CROSS COUNTRY



# 75 SWIMMING



STANDING: Co-Capt. Ernie Bardier, Sue Coates, Linda Chistolini,  
Co-Capt. Kevin Biglin, John Shapazian.  
SECOND ROW: Coach Jim Chatis, Mgr. Pam Chatis, Joe Camphill, George Garlick.  
THIRD ROW: Jim Cirrone, Andy Loranger.





# 75 LACROSSE CLUB



KNEELING: Tom Morra, Charlie Powers, John Shapazian, Dave Kennedy, John Marchetto, Paul Bowler, Ed Sheerin, Don Morrison.

STANDING: Coach Pat Pollend, Court Morse, John Hannon, Dave Jean, Pete Lapoli, Mike Duchesneau, Drew Kronk, Len St. Piere, Jim Gerde, Bernie Doherty, Jim Cerrone, Bob McElroy, Keith Krauss, Andy Senecal, Coach Pete O'Neil, Joe Bobbin.



A.C.	OPPONENT	
6	Hartford	5
2	Nichols	9
3	W.P.I.	14
4	Holy Cross	13
6	Hartford	5
12	Merrimack	6
0	W.P.I.	11

TOTAL Won 2 Lost 5



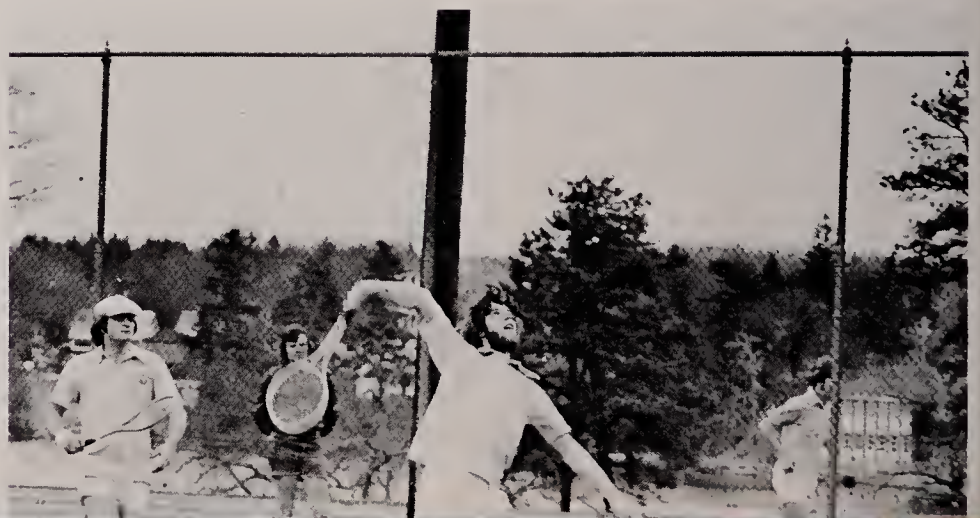
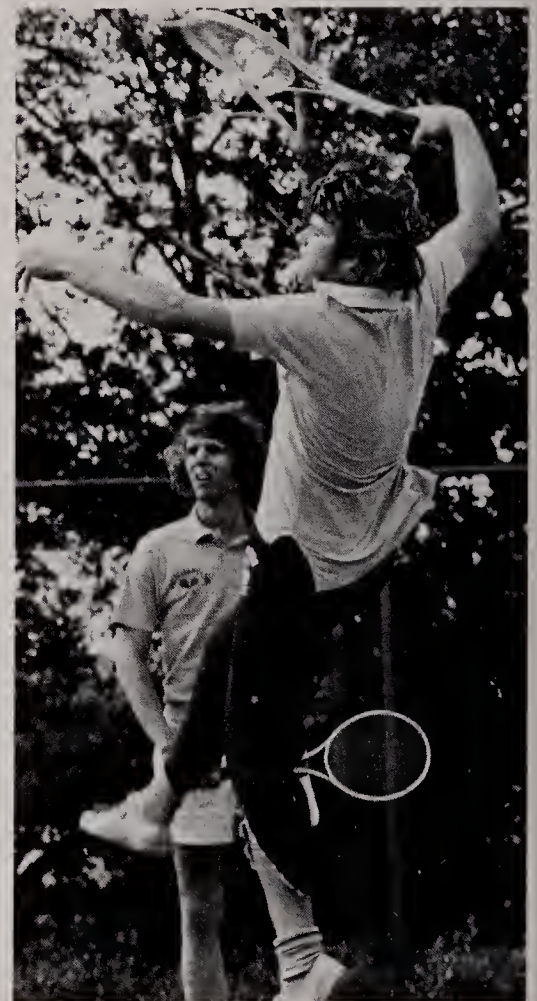
# 75 MEN'S TENNIS



KNEELING: Coach Tom Johnson, Capt. Dave "Legga" Legg.  
STANDING: Paul Perry, Tom Nienstadt, Terry Shanley, Bud Weiner, Jack Pare, Paul Zembruski.

A.C.	OPPONENT	
5	Stonehill	4
5	W.P.I.	4
2	Clark	7
5	Bentley	4
1	Hartford	8
5	Lowell Tech.	4
9	Worcester	0
3	Providence	6
5	Nichols	4

TOTAL Won 6 Lost 3





# 75 WOMEN'S TENNIS



STANDING: Kathy Foley, Monica Powers, Jane Mulligan, Cheryl Cusson, Kathy Rock, Vaune McFague, Darlene Meacham, Laurie Tratiak, Laurie Fisher, Pam Chatis, Coach Linda Darling.

A.C.	OPPONENT	
0	Providence	6
2	Lowell State	3
0	Holy Cross	7
2	Clark	3
3	Rhode Island	2
3	Worcester	6

TOTAL Won 1 Lost 5





# 74 SOCCER



KNEELING: Bob Berard, Mike Pananos, Steve Flanagan, John Carney, Capt. Rich Lawlor, Jeff King, Mark Darling, Steve Davis, Art Dimitrakopoulos, John Hannon.  
STANDING: Mgr. Andre Van Vooren, Len St. Pierre, Jim Eagan, Ed Belair, Ed Weller, Ray Picard, Ken Laramée, Tom Salvo, Kevin Taft, Coach Bill Granahan.

A.C.		OPPONENT
0	Nichols	1
0	Babson	8
5	Providence	3
3	Clark	2
0	St. Anselm's	1
0	B.C.	0
0	Stonehill	5
1	W.P.I.	0
1	Merrimack	1
0	Worcester	1
2	Brandeis	0

TOTAL Won 4 Lost 5 Tied 2





# 74-75 HOCKEY



STANDING: Coach Ray Lemay, Walt Kowalik, Brian Joyce, Jack Foley, Mark Pelletier, Jerry O'Brien, Dave Bousquet, Tom Simeone.  
KNEELING: Marc Isabelle, Kerry Diamond, Carl Kasierski, Don Morrison, Co-Capt. Charles Roy, Co-Capt. Dick Pelletier, Kenny Daigle, Jim Gerde, Bill Havey.

A.C.	OPPONENT	
6	W.P.I.	6
10	Stonehill	6
2	Bentley	3
3	Stonehill	4
0	Worcester	12
5	Trinity	10
8	S.M.U.	4
4	Bentley	5
9	Clark	2
2	Roger Williams	3
7	M.I.T.	0
3	Nichols	9
3	Plymouth	4
6	W.P.I.	3
13	S.M.U.	2
1	Bryant	5
8	Clark	4

TOTAL Won 7 Lost 9 Tied 1

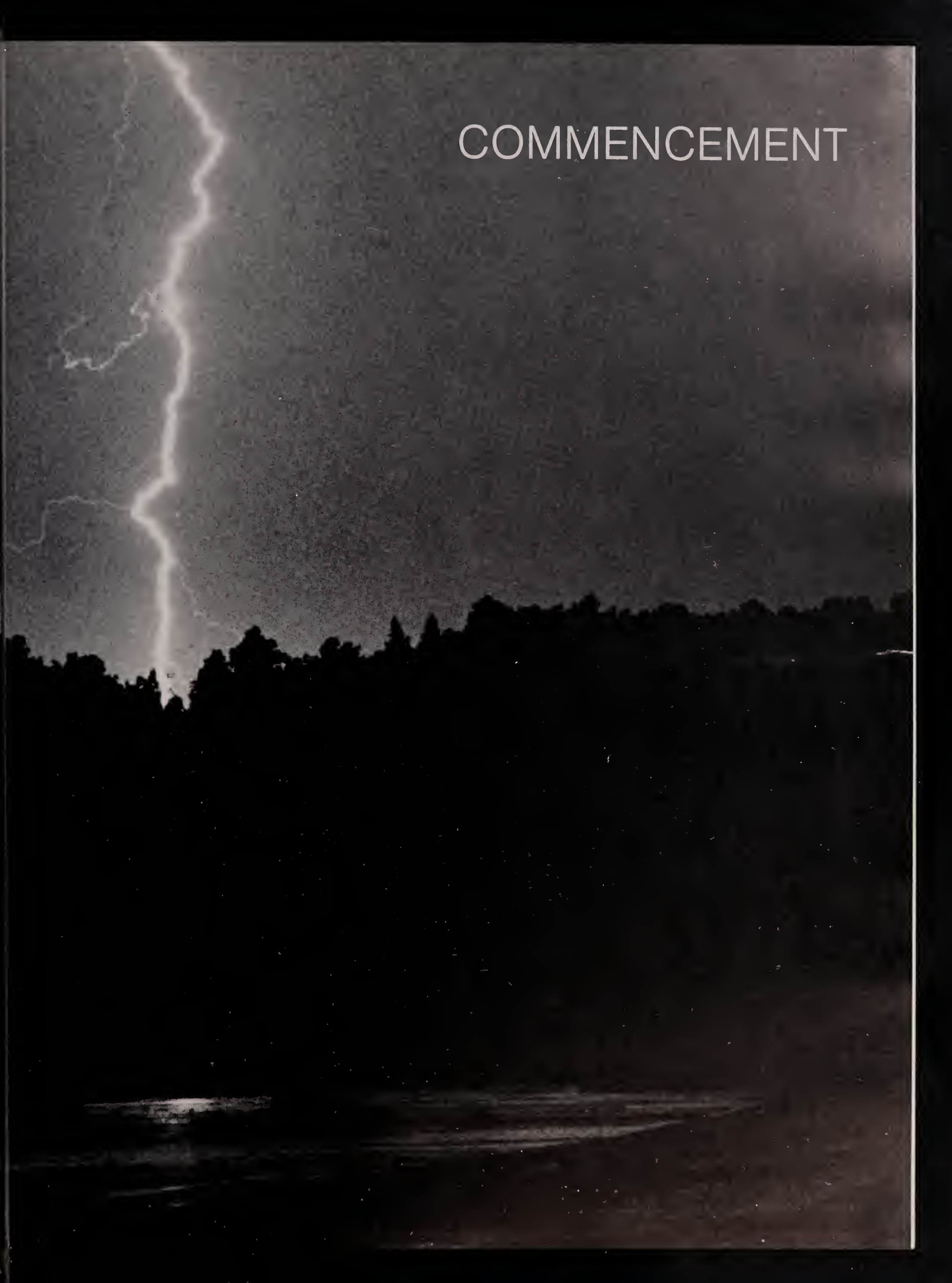






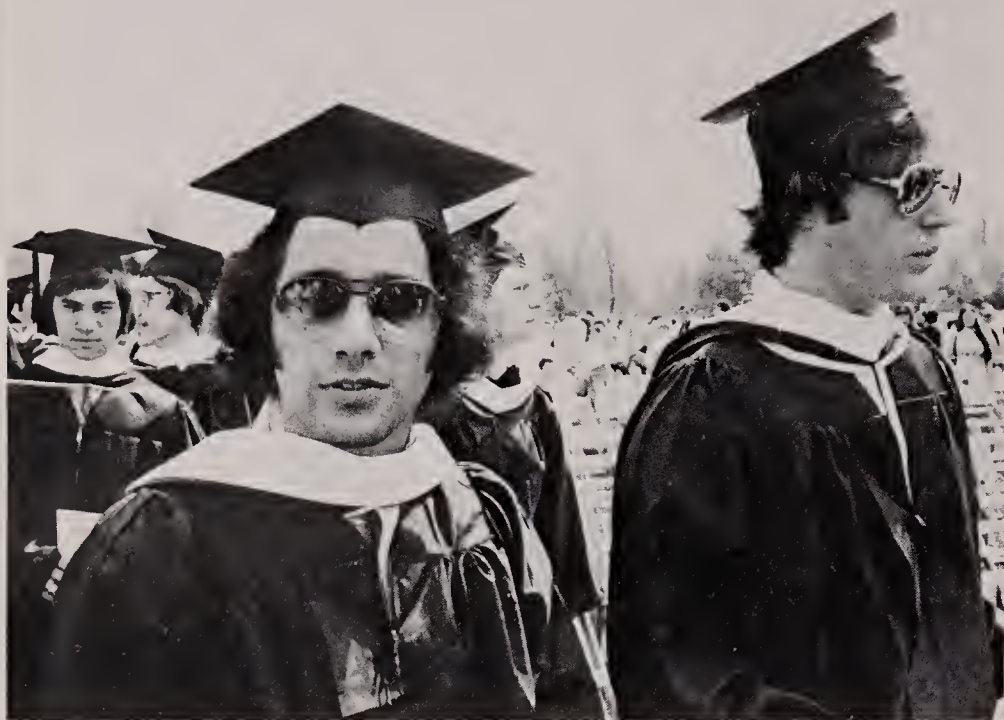


# COMMENCEMENT





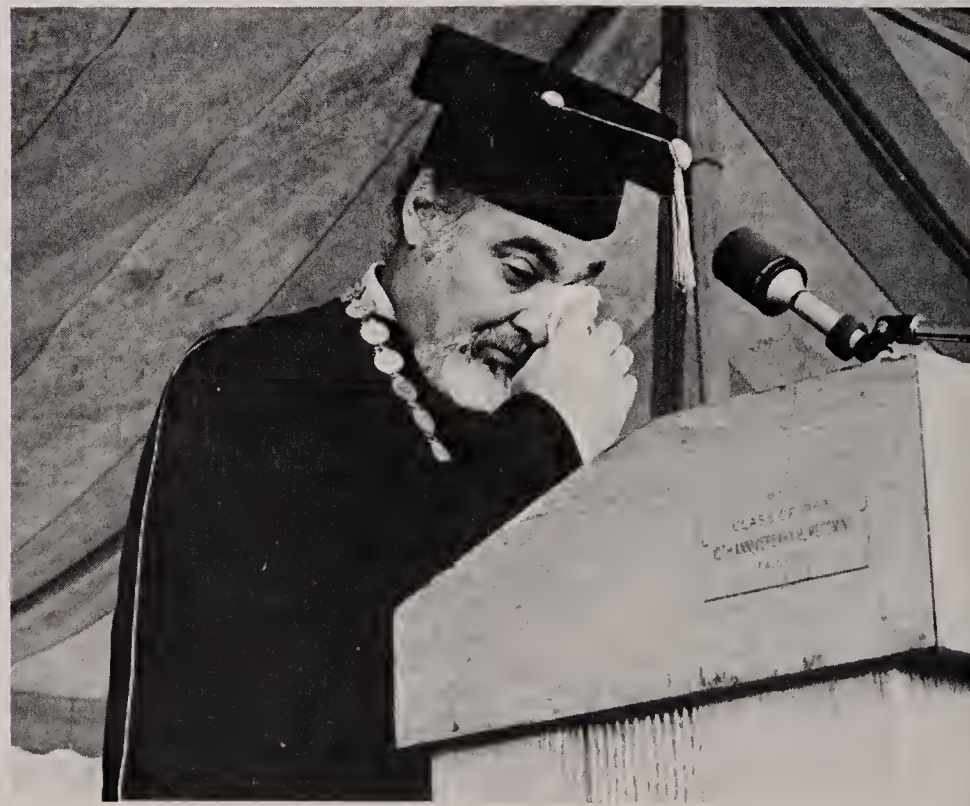
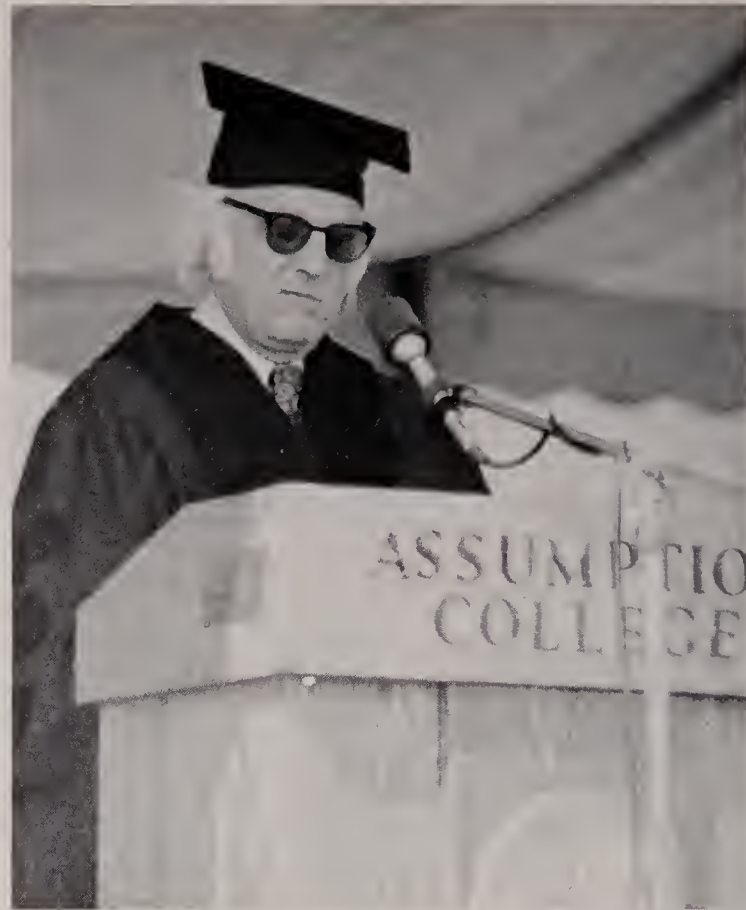
Four years and . . .  
BOOM!  
You're Out













For what spirit, joy and friendship  
we've had together, thanks everybody.  
And thanks to you too, Assumption,  
for what you've given us and we've  
given you.







Can you feel the wind of change?

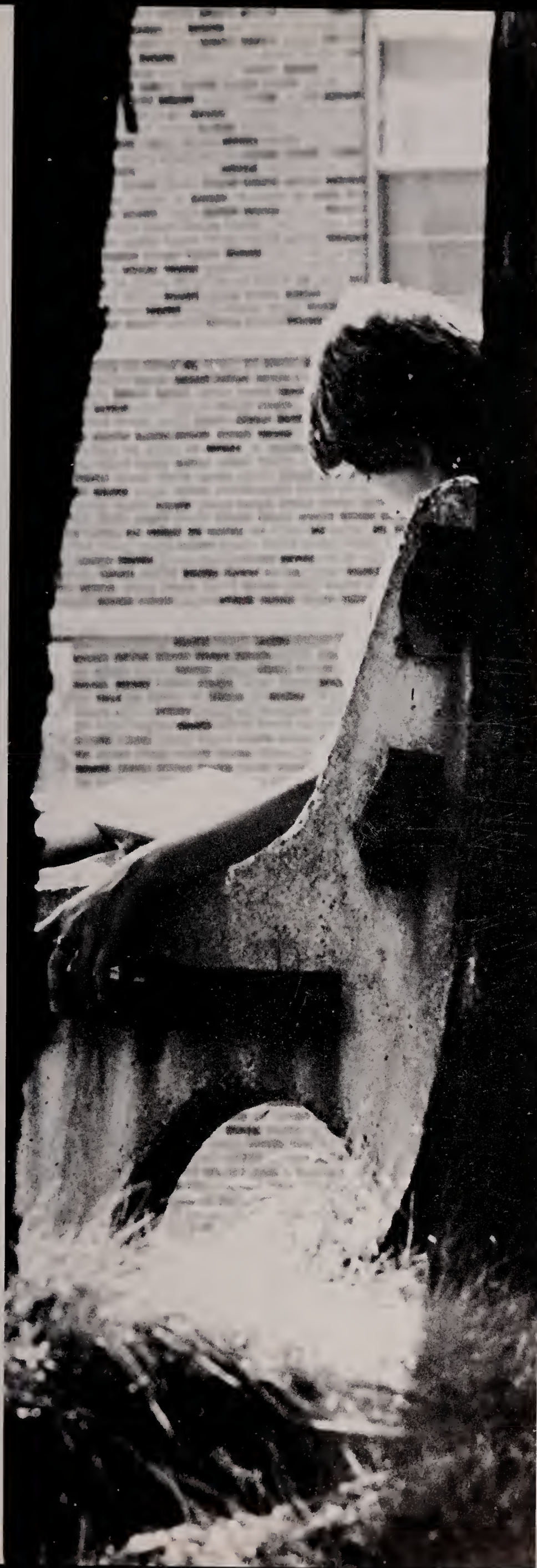
Let us be strong to face the wind;  
and free to choose our direction,  
lest we live the lives of  
generations past.



The role of American colleges must change rapidly. The monstrous challenges of the 21st century will soon be upon us. As such, frank radical self-probing is necessary.







Someday this country will revise its laws in terms of human beings, instead of property. What is the ultimate value of a man's life? That is the question.

Vine Deloria Jr.





Out of your college years take something  
you can gain . . . a knowledge of things  
which one can combine with experience  
to make him a fuller, more open person.















And at the end, all that can be said is that  
these graduates really helped each other and  
tried to make things a little better.  
For now, that is all we can ask.



# FRIENDS

Elton John

I hope the day will be a lighter highway

for friends are found on every road.

Can you ever think of any better way

for the lost and weary traveller to go?

Makin' friends for the world to see.

Let the people know you've got what you need.

With a friend at hand you will see the light

If your friends are there, then everything's alright.

It seems to me a crime that we should age.

These fragile times should never slip us by.

A time we never can or shall erase,

as friends together watch their childhood fly . . .





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West Boylston, MA 01583

Sandra G. Andronic  
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Worcester, MA 01602

Carol Anger  
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Worcester, MA 01604

Renee M. Beaupre  
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West Boylston, MA 01583

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